

CAMPING MAGAZINE

Trip Programs
Creative Dramatics
Chalet or Tent?

MARCH 1955

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• Chris enjoys air riflery as much as boys whether in camp, school, or club. Miss Julie Burash (center) has won every NRA junior air rifle award except Distinguished Air Rifleman and is working to win that "top" award. Shooters are members of Hickory Street Junior Air Rifle Club, Omaha, Neb. Instructor: Richard Stark.

• Stephen Wagon, 6, poses with his Daisy bobbed "no cost" grocery carton target. Cartons stuffed with tightly crumpled newspapers, corrugated sheets, etc.—are used by many camps, schools, clubs. His box is now shooting for third Sharpshooter Star; visible are two of the many NRA junior air rifle medals he has earned.

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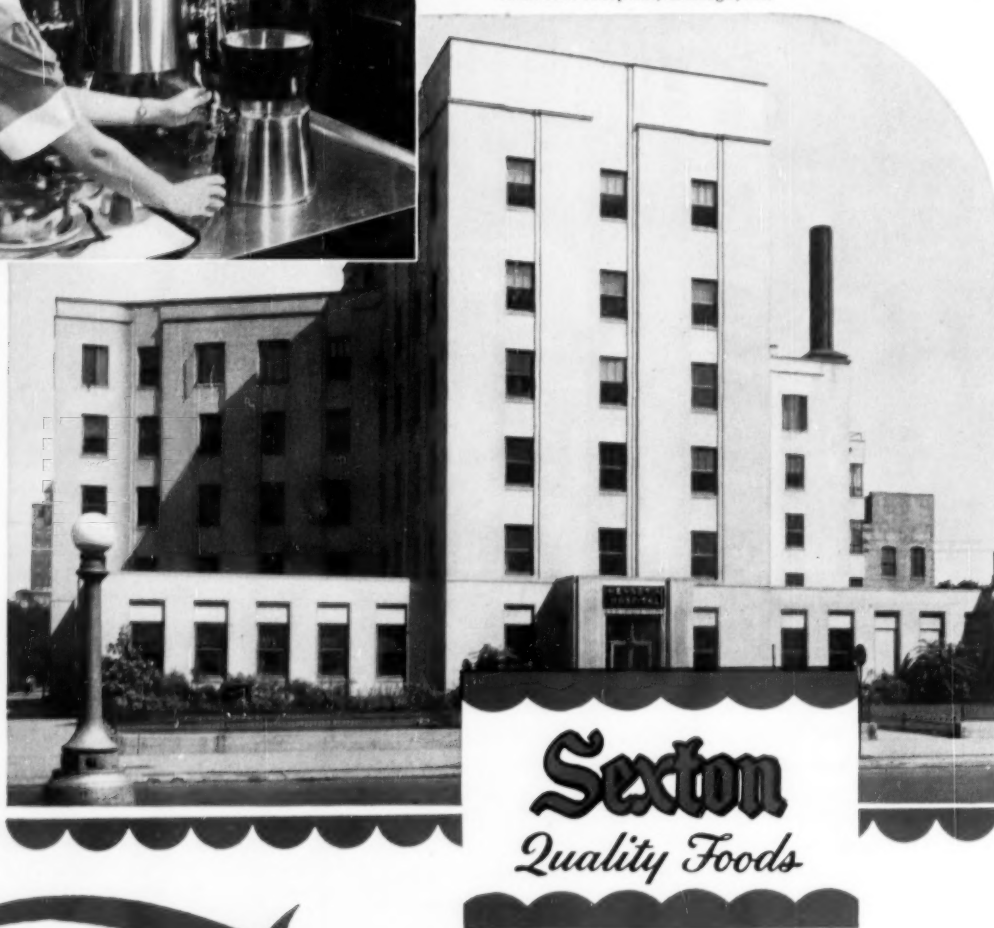
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Camping Magazine, March, 1955

CAMPING MAGAZINE

March 1955

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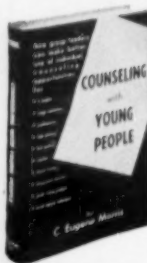
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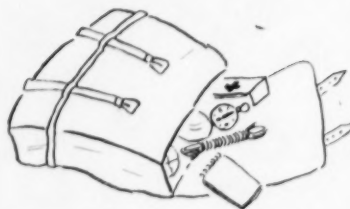
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by Catherine T. Hammett and Virginia Musselman

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LETTERS

... from readers



Appreciation Expressed

I am writing to express my very deep appreciation to you for the excellent article you published in the January issue of *CAMPING MAGAZINE* about the National Parks Association. We believe that this sort of invitation is the ideal way of attracting interest on the part of your members to the work of our Association and that it should do a great deal of good to stimulate a very powerful segment of the American public in support of sound protection for our national parks.

I hope that you will be able to keep in closer touch with us so that we can work out ways where our two organizations can cooperate as fully as possible to realize this goal. We should appreciate any suggestions you have as to how this cooperation can be effected and any other thoughts you have that would improve our work.

I am enclosing a copy of this letter, which I would appreciate your sending to Ray Bassett, who suggested the article, in order that he may know how deeply we do appreciate his fine cooperation with us.

Fred M. Packard
Executive Secretary
National Parks Association
Washington, D. C.

Statesmanlike Approach

As I expected, Frederick H. Lewis handled the problem "Camping Confronts an American Dilemma," in a statesmanlike manner. He outlined the situation clearly and

comprehensively. He raised certain questions and, although disclaiming to do so, answered some of the questions in a logical and forthright fashion, even though by indirection.

Most helpful to me was the stress placed on two facets of the problem: (1.) the percentage of communist influence in camping is obviously minute and, (2.) let's approach this positively (doing more to inculcate democracy) rather than negatively (spending precious time fighting communism.)

These comments are more a review than a critical analysis. I find the article so good that all I can say is complimentary and that's not always constructive.

Gerald Burns
New York University
New York, N.Y.

In the Shadow of Fujiyama

I am writing to Miss Katayama, National Director of the Girl Scouts of Japan, telling her that we have placed a subscription to *CAMPING MAGAZINE* for her from the funds that we hold for the Japanese Association here.

Miss Katayama, in a letter to me, reported that the magazine contained articles which were useful in her Girl Scout camping program in Japan.

H. Ruth Henderson
International Division
Girl Scouts of the USA

Birthday Congratulations

I hasten to salute you and your Galloway staff on your tenth *ACA*

Camping Magazine, March, 1955



A new high in interest from a small investment

You'll know you've struck it rich when they come running—even kids that are usually on the sidelines. And the returns are just beginning. Your camp riflery program draws interest year after year. For what boy *doesn't* dream of learning to shoot!

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birthday. Time goes so swiftly. I was amazed to find that it was ten years ago when you started with the magazine.

Your review of the past nine years was very interesting and succinct. The growth and improvement of the magazine in every respect, along with the growth and improvement of camping in general, is a part of this camping birthday celebration. There are many avenues and outlets to living in the out-of-doors, and it is gratifying to see so many new efforts being made. With close cooperation of all, more and more American youth and adults can be led to greater enjoyment, education, and security.

My congratulations to you upon this occasion.

L. B. Sharp
Outdoor Education Asso., Inc.
New York, N.Y.

Valuable Assistance

I wish to take this means to thank you for the valuable assistance you gave me towards completion of my research report on Camping. The project has been a success, thanks to your unselfish effort.

It seems your help is a fine example of America at its best, when unknown personalities will contribute time and effort for the achievements of others.

Thanks again and I will always remain available for assistance to you.

Tom Neuberger
South Dakota State College
Brookings, South Dakota

Enthusiastic Response

Please send us 35 copies of "General Principles for all Counselors" as in the January issue of your magazine. It is excellent.

Elizabeth Moody
Camp Fire Girls
Worcester, Mass.

We have been overwhelmed by the enthusiastic response to this reprint offer, as a result of which nearly 2,000 camp counselors and other staff members will be benefitting by Rev. Hilton Chaloner's fine words. We are sorry that no more reprints are available.

—Ed.



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Book Reviews

A Department Conducted by Prof. Charles Weckwerth, Director of Recreation and Camping, Springfield (Mass.) College

Cap'n Bill Vinal's Classic In Nature Literature Republished

Nature Recreation

AUTHOR: William G. Vinal

PUBLISHER: American Humane Education Society, 180 Longwood Ave., Boston 15, Mass., \$3.50.

This "classic" is again available, having been republished by popular demand.

It has long been considered an important text for both students and amateur naturalists. Dr. Vinal's philosophy of the out-of-doors contained in this book remains a source of refreshment and inspiration to all who come in contact with it. If you want to know about nature or have a love of the world of nature, this book is a must.

The second half of the volume is devoted to methods and techniques, with extensive references to other sources of help and materials concerning nature study as it relates to individual and group activities.

Committee Common Sense

AUTHOR: Audrey R. and Harleigh B. Trecker

PUBLISHER: William Morrow & Co., 425 Fourth Ave., New York 16, \$2.50.

REVIEWER: Hugh D. Allen, George Williams College Camp, Williams Bay, Wis.

Although committees are sometimes referred to as "Valleys of Indecision," to be avoided at all costs, they remain the best, though all-too-often devious, route to democratic group action.

"Committee Common Sense" is well-named. It reduces the maze of organizational red tape to a formula for clear and logical action. It offers step-by-step analysis of the committee's role, and prescribes methods for its successful management, but only after testing the validity for its existence, and citing

the necessity for clearly-established goals.

The book places the individual committee member at the center of importance and sees him as the key figure in determining the productivity of the group. The authors, because they are wise in the ways that committees function, or fail to function, are able to point the way toward making this important tool of democracy understandable and useful.

You will see much of yourself, your Camping Association, and your own camp staff in this book. Few writings have the sharpness, the clarity of style, and the down-to-earth utility value possessed by this contribution to those who would make democracy work.

The Complete Barbecue Book

AUTHOR: John and Marie Roberson

PUBLISHER: Prentice-Hall Co., 70 Fifth Ave., New York, 1951, \$2.95.

REVIEWER: Barbara Ellen Joy.

Since the Founder and President of the Society of Amateur Chefs "lifted his best spatula in an enthusiastic salute" to the authors, the least a camper can do is to wave a kabob stick and say that the book is interesting to read, and has many ideas for camp cookery.

The whole book is full of ideas for cooking without utensils, and there is considerable information on outdoor fireplaces, stationary and portable grills and devices, and on techniques for barbecuing in the simple as well as the grand manner.

Chapters are divided into types of food (meat, fowl, hamburgers, fish, eggs, salads, sandwiches, etc.) Full directions are given for preparing them in many different ways and in combinations of other foods. This book can help us expand our

Camping Magazine, March, 1955



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Book Reviews

notions of dishes and methods. Let's do so, and eat more "Hush Puppies" (page 273.)

How to Work with Your Board and Committees

AUTHOR: Louis H. Blumenthal
PUBLISHER: Association Press, 291 Broadway, New York 7, 1954, \$1.00.

REVIEWER: Elmer Ott, YMCA, Milwaukee, Wis.

The author gives the historical concept of the role of the Board before the professional executive came into the picture to "manage" our social work organizations. Few of the young moderns in the service of these organizations realize that Boards were once doing the job of the professional staff. Mr. Blumenthal has given both an historical touch and a new insight into the long experienced board member with whom many deal today. The role of the executive or the professional worker becomes clearer when the above historical concept is kept in mind.

The idea of Board members and Executive working as partners in the management of the enterprise makes the role of each important and worthwhile. Admittedly, the Executive can lay the foundations for a strong and effective Board functioning; but the Board or Committee who serves long and well will do so only when the Executive is able to effect the partnership idea as outlined by the author.

One would not say this was a "how-to-do-it book" but rather a manual of sound principles of effective Board-Executive relationships. The how-to-do-it techniques are there, but in principle, and need to be applied to specific Board and Committee operations through the eyes and techniques of the reader.

It is not difficult for the reader to make the transition to his or her own Board or Committee. A second or third reading of the manual will quite naturally follow for the person who is interested in the adaptations to his or her own peculiar situation.

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Book Reviews

chairman's use in conducting the Board meeting.

Ceramics

AUTHOR: Harry Zarchy

PUBLISHER: Alfred A. Knopf, Inc.,
501 Madison Ave., New York
22, 1954, \$3.00.

REVIEWER: Arthur J. Lusty, Jr.,
The Joy Camps, Hazelhurst, Wis.

This book is rather advanced in all but two of its chapters, and, unless a camp is already doing a major project in ceramics, it would not be suitable for the camp library.

The book is well done as to technique, styles and kinds of ceramics, but it is certainly adult in its treatment of the material and types of projects illustrated. Certainly for camp application, such a book ought to be simple and on a child's age level.

Folk Party Fun

AUTHOR: Dorothy Gladys Spicer

PUBLISHER: Association Press, 291
Broadway, New York 7, N.Y.,
1954, \$3.95.

REVIEWER: Sue Hammack, Camp
Advisor, Girl Scouts of the USA.

Miss Spicer and Miss Kirkpatrick (illustrator) have produced an attractive book on parties for large groups. It differs from other party books in that Dorothy Gladys Spicer has used her knowledge and understanding of folklore and folk ways to develop parties around particular themes.

For each of the 25 parties, there are easy-to-follow directions for making invitations and unusual decorations, suggestions for entertainment and refreshments—all in keeping with the "theme." While a number of the recipes are familiar and may be found in other places, it is a wonderful time saver to have them in this one volume.

The book would be a great boon to any busy person who is frequently in charge of adult planned parties. There is, however, some question about the advisability of making the book readily available to pre-teen-age and teen-age youngsters who are planning small group parties. It may tend to discourage originality and imagination unless careful guidance is given them on the use of the book.

Camping Magazine, March, 1955

Camp Handicraft Projects of REYNOLDS DO-IT-YOURSELF* ALUMINUM Make Hit with 4-H Clubbers



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By Calvin Rutstrum
Wilderness Director
Lake Hubert, Minn., Camps

Chalet



Amphibious Motion Picture Service



Camp Sloane

Paul Parker

or Tent?

SOONER OR LATER, every organized camp convention or other gathering of directors or counselors is bound to invoke a discussion on the subject of housing campers, debating the question: chalet over tent, or tent over chalet?

Those with a special affinity for tents are quick with the adjective "sissy" applied to any camp having cabins with hot and cold running water, indoor toilets and showers. We hear that this is not camping but a corruption of the term "camping" and a general decadence of spirit, a lost motive in outdoor living, and a lack of fulfillment desired by the parent.

Directors who have their campers solidly ensconced in modern cabins, keep adding improvements, but never feel quite secure in their position—especially when the big guns of the died-in-the-wool tenters are turreted in their direction. I have never heard a good defense by the "chaleteers," even though they are

resting on much firmer ground than they think.

Usually, the chaleteers come back from these conventions with the whip marks of the tenters. They are convinced and chagrined. Into huddles they go, usually emerging from post-discussions with the idea that in the next camp season they will flush every camper out of the cabins, and take to the hills enmasse with cook-outs, camp-outs, and the like.

The dining hall with its stainless steel kitchen, dishwashing machines, steam cookers and automatic toasters, which focusses the chalet type of camp, is the object of enough scorn from the tenters to curdle every drop of grade-A packaged milk. Cooking, they say, should be done out-of-doors by the campers and counselors, and any deviation from this gospel is sacrilege to camping.

And there is plenty to be said too, by the tenters against athletic games,

sailing programs, movies, and what is often referred to by them as parade-ground-activities. One camp threw out everything except speed boats and outboard motors, and the registration doubled.

"What is camping, after all," a vehement speaker asked at one of the conventions. "Is it this artifice we see?" She quoted Webster and followed up with a treatment of the term in etymology and semantics. Here was the gospel. Why not follow it? The opposition was weak. Almost everyone agreed, even to the chaleteers, but they didn't know why.

Some of the best known and highly respected camps in the country are of the cabin type. Why do parents continue to send their children there? Perhaps they feel safer with their progeny well battened down behind an assembly of sound rafters and boards.

There are others, advocates of the idea that in tents, twelve breaths

A Hornet's Nest . . . ?

The manuscript "previewer" to whom we submitted this article has this to say:

"I think that this article is going to stir up a hornet's nest with the people who are completely sold on tent camping. I am sure that as a result of publishing it, there will be a good number of letters to the editor in regard to the controversial topic."

"I think that persons who do have cabins in their camps will not be at all favorably impressed with the term 'chaleteers' as descriptive of their type of camping. These people don't consider their cabins to be the plush, lush outfits that the word 'chalet' infers."

We agree that not all camp directors will be in accord with all of Mr. Rutstrum's conclusions. In keeping with its policy of presenting both sides of controversial questions, Camping Magazine will be glad to publish letters from directors who may wish to comment on this article.

of fresh air every minute for twenty-four hours, multiplied by the days in camp, should fortify Susie and Johnie against anything that metropolitan contagion and indoor living have already undermined.

A General Decadence?

Thus, we might assume that a general decadence has taken place in the camping field when we fold up our tents and take to wooden shelters, modern kitchens and intercommunication systems.

The tenters might be considered as having an overwhelming argument in favor of their position, were it not for the fact that a great deal has been learned about tent shelters in the last 50 years, thanks to the armies of the world, the explorers, and the host of individual campers. And here may I humbly add my own 35 years of research in this field?

For those who are not acquainted with my work and writing in the camping field, I should perhaps preface what I have to say with the statement that for the last nine years my task has been to promote a wilderness program in several boys' and girls' camps. Training several hundred youngsters each year for wilderness living and travel has brought out some basic points which I feel are now ready for open discussion. This chalet—tent problem is one of them.

To begin with, the tenters are theoretically correct in their purpose to get youngsters into the out-of-doors, or perhaps we should say, as close to the elements as possible.

However, this is not accomplished in the tent unless that shelter is considered on an itinerant basis. In short, if the tent is pitched on a permanent spot, whether on a wooden floor or the ground, a bacteria hazard is created which destroys the purpose of the tenters.

Dangers of Permanent Tents

Unfortunately, it is not enough to sun the area by drawing aside first one part of the tent and then the other. And it is not enough to spray the tent area with a bactericide. It will not penetrate deep enough. If there is doubt as to why the ground builds up a culture that is unhealthful, perhaps the reader would like to investigate the vast field of ground moulds which medicine is so ardently working on at this time. The danger of permanent tent shelters is there. It should be recognized and dealt with.

Permanent tents should be moved at least once each week, and to spots where the sun and the leaching rain have had more than a month of action. It would be far wiser, if the area permits, to allow one season for such tent grounds to purify themselves.

If the tenter is to regard his position as tenable, he must inevitably accept the fundamental fact that a tent is the nomadic or itinerant shelter. If, then, the tent is of such design as to be healthful and suitable for all weather, the tenter has entered into a field of camping which permits his attack on the chaleteers to be given consideration.

In many instances, and I must be tempted to declare that in all too many instances, permanent tent interiors are culture-breeding areas which are not adaptable to good living. Areas under permanent tent floors of wood, and ground areas where floor cloths are used, come under the questionable heading, and clinical caution should be attached to this type of camping.

The chalet has a practical advantage over the permanent tent. Sterilization is no utility problem. There is more fresh air in a chalet than in a tent, since the chalet is open to air both during rain and fair weather by virtue of wide eaves sheltering windows from rain.

Tents usually are tightly closed in rainy weather, and quite frequently tied shut at night. The small amount of air that filters through the fabric does not help the situation; and it is also in this fabric filter of human breath where an additional bacteria hazard lies. I could easily indulge an article on these culture media alone, but space would not permit treatment here. However, I believe the reader will quickly grasp the idea of the whole tent becoming a simulated bacteria-filtering mask, such as worn by nurses and physicians. Thanks to the sun, this hazard is somewhat alleviated. But the sun cannot alleviate entirely what overcast days and nights create, in the way of bacteria deposits.

Purpose and Utility

Perhaps the best program yet maintained, from an organized camping standpoint, is one where shelters are in keeping with the program. If a considerable number of youngsters are housed in a concentrated area, the cabin with all the modern improvements is the inevitable choice, providing it is supplemented by a tenting program made just as itinerant as the budget and the counseling staff will allow.

If the camp is permanent, and only tents, then may I suggest that the closest and strictest possible adaptation of an itinerant program be adopted here for the health of campers and counselors. In short, move tents frequently to new ground, and be clinically on the safe side.



Two Perry-Mansfield cats from "Jennie the Abandoned"

The Creative Approach to Camp Dramatics

By Charlotte Perry

WHAT IS MEANT by the creative approach to dramatics? It is a way of developing dramatics, which emphasizes challenging and using the natural resources of the camper instead of imposing upon him the ideas and wishes of the leader.

What are some of these resources which the counselor can challenge and stimulate? They include imagination, observation, the need to move, the ability to respond to rhythm and to pretend, the recall of

sensory impressions, and the need to become someone else — more beautiful, more brave, more resourceful.

The arts allow for the use of these resources and provide an opportunity for the self-expression and assertion needed for the development of a mature personality. Serious practice of the arts also provides the self-discipline which helps the individual to grow in his maturity.

To achieve this maturity, art

must be taught as art, not primarily as recreation, as an educational technique, or as a therapeutic activity. The individual may, however, find recreation, education, and have a therapeutic experience just because he gives concentrated and objective attention to what he is doing.

How are these natural resources of the individual used to build the artist — or, if not the artist, a more interested and alive child? Acting is not life, but it must seem to be and must spring from life — always. In life, if one is to survive, it is necessary to see and hear what goes on in the environment. Actors must be able to seem to see and hear by remembering how it feels to do so. Similarly, as an actor, one must be able to seem to use all of the other senses. One may be called on to cut one's finger on the stage. The finger is *not* hurt, but it must seem to hurt, and this must be accomplished without *faking*. It can be, if one recalls and makes good use of sense memories. Practicing the recall and use of sense impressions is an important part of dramatic training.

Some Exercises

In the following exercises, the leader describes each situation and the children respond in pantomime, followed by discussion.

1. "Let's look for sheep — first close by, then behind rocks, then on the horizon. What are those humps — stones or sheep? Oh, you see an eagle! He soars above you in circles, then comes closer, too close, he's diving down toward you."

2. "Wash your hands without any definite situation in mind. Remember the feel of the soap, the faucets, the towel. Now suppose somebody is about to call for you for a party. You have five minutes to wash your hands and get dressed." Such a direction is better for the actor then, "Hurry up your tempo — do it all faster."

3. "Now sew. Pretend you are Tom Sawyer, dressed as a girl, trying to sew as if you were used to it."

4. "You are on a hike and are spending the night. Three of you are very hot, and three are extremely cold. Talk about whatever

you wish without mentioning heat or cold. *Show us that.*"

5. "Lift a stone which is over Aladdin's Cave. It has a ring in the top. It is *almost* too heavy to move."

6. "Now try *tasting*. Eat watermelon. Eat peanut butter with a spoon. Suck on a lemon."

The child can also invent the situation. For instance, one may ask a child to show the group an exercise in which he uses his *big* muscles, or in which he hears certain sounds, and the group may guess what they were. Even in dictated exercises, the child should be left free to invent his own situations.

Reality in acting is based on ability to remember genuinely or recognize true behavior in ordinary life. In order to refresh sense memories, the group may be asked to return momentarily to real experience. "Listen for a minute to the noises you hear right where you are now. Now listen to imaginary noises — to a mouse gnawing, a step, a door creaking." When the door's creaking is hard for the child to recall — search out an accommodating door and demonstrate, let him listen and refresh his memory.

Characterization

Besides making their acting real and alive, children must create characters. Often on stage, they are called upon to play the parts of things and animals. Little children love to be boats and airplanes, horses and lions. The leader might recall the story of Thurber's "Thirteen Clocks." The clocks might be children, rather than painted scenery.

Another use for objects is as aids in stating personality by focusing attention on certain qualities of the object, which suggest similar qualities of a character. For instance, the leader might ask the group of what they are reminded by the qualities of the step-mother in "Snow White." A steamroller, a fish, a spider, a peacock are examples of suggestive objects. The child uses whatever symbol appeals to him to help unify and simplify the character.

Intention

Another valuable exercise is in showing one's intentions. On stage,

one should not play lines, or act lines. The actor has to act what isn't written. In other words, he must act the "intention" of the person. Often the intention is actually masked by the words.

The leader might give secret "intentions" to two actors. They would then improvise a scene. The results should express vigorous,



Charlotte Perry is co-director of the Perry-Mansfield Camps, Steamboat Springs, Colo. During the winter months, she is associated with the Perry-Mansfield School of the Theatre and Dance in New York, and also teaches drama at Hunter College.

Miss Perry is the author of several children's plays, among them "Run Pedlar Run."

fresh, and honest acting. The other children then describe what the scene conveyed to them.

Closely related are exercises dealing with justifying a play's lines. Every speech and every move on stage must be justified. To live up to this principle is the core of good acting. It helps young actors to practice justifying definite bits of stage business. It helps them to work up to a definite line. This can well be a line which could normally follow closely after a climax.

The group might be asked to improvise a short skit ending with a line such as, for example, "Let's put it back and say nothing about it." An exercise such as this helps children bring their scenes to a stop instead of dragging them out. It helps them to understand how plot develops, to learn to react quickly to each other's behavior and to adjust their own lines and moves to shape the scene to a logical conclusion.

How is giving a play related to exercises such as these? Good acting in plays is achieved by exactly the same kind of work described here. Every good play demands the use of sense memories. For example, in "Mary Poppins," the children at the window must see Mary as she drops down out of the sky, taste her medicine, watch people on the street out of a car window. In "Snow White" the dwarfs must lift their heavy packs and see a light in their house as they come home. Children must take the parts of animals in "The Reluctant Dragon" and "Puss in Boots."

In the reading of lines, children can be helped to think of the situation, not asked to copy the leader's way of meeting it verbally. Sometimes contrasts can be used to help clear up things. For example, if one wanted a child to welcome someone when he said, "Oh come in!" the leader could ask him to try to make the person feel *unwelcome* first.

When one actor is giving a speech, the rest need to register thoughts and feelings. What are these thoughts and feelings? By questions, the leader can stimulate each child in a group to think and reason and act as vitally as he does in an exercise which he does alone.

Who Should Participate

If possible, all children in the group should participate in some way — if not as actors, then as designers, painters, or stage crew. If necessary, a scene can be added to almost any play which will use children for whom parts are not already written.

The leader should be conscious at all times not only of the children who are doing the main parts but also of those who are chiefly onlookers. These onlookers must be active and must be taught that their participation is necessary to the statement made by the play.

Above all the leader will avoid being concerned only with results of production rather than with the steps by which the result is achieved. The means are all important in creative dramatics.

—Based on material presented at the ACA Convention, New York, 1954.

Camping Magazine, March, 1955

How to make

Your Campcraft Program

Effective

IN ORDER TO BE effective, a tripping and outdoor cooking program must be planned in harmony with the laws of learning. The most important of these laws is the fact that learning is most effective when it takes place in response to a felt need on the part of the learner. In the case of children, the need must be fairly immediate to be felt.

Other laws are also important. One learns a skill through actual performance. We must procede from the simple to the complicated. The mastery of a complicated skill often requires the mastery of the various elements of which it is composed in proper sequence. Only one or a very few things can be learned at one time. One derives satisfaction from a feeling of achievement.

Incentives to Learning

Thus, teaching a child to build a fire so that he will know how to build one when he has a cooking lesson next week is less effective than teaching him to build one so that he can cook a meal that he

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Hughes Photo

The Joy Camps



Hughes Photo

Father Foley Camp for Boys

wants to eat now. Learning to build a fire so that he will receive a mark, pin, or rank is not apt to be effective because the reward is extrinsic to the purpose of the activity.

Trying to teach a camper to build several types of fire in one lesson is apt to be ineffective because he will be unable to grasp so many ideas and learn so many skills at once. A camper will not learn how to build a fire by watching the counselor do it. He should actually build the fire under the counselor's direction.

A program should not call for the mastery of too many new skills at one time. Thus, beginning campers should become fairly proficient in fire building and simple cooking in camp or on day hikes before

they take their first overnight hike. If possible, this hike should be to a place that has sanitary facilities so that they can concentrate their efforts in learning how to pitch tents. Later overnight hikes should be to places where they have to construct their own sanitary facilities.

Variety of Trips

A tripping program should not be one sided. Many hikes should be primarily for the purpose of nature study, canoeing, exploration, and other things. On these hikes, cooking should be incidental to the main purpose. It is then important that cooking and dishwashing take up only a small part of the time. To that end, campers should plan

dishes that do not take more than a half hour to prepare and that require little dish washing. Yet the meals should be tasty and varied. Here stick cooking, aluminum foil cooking, and tin can cooking are useful.

A tripping program should be planned in harmony with the other camping activities. Hikes should not be planned at times when they will conflict with important camp-wide activities. They should be so planned that all groups will have a fair share in the use of limited equipment.

A group should plan its hikes far enough in advance so that the cook can be notified not to prepare food for them when they will be absent. Menus requiring food not carried in stock should be planned far enough in advance to permit ordering and delivery of it.

Weather should not stop the program. The trip house should be large enough to accommodate a small group so that instruction can be carried on indoors when bad weather makes it inadvisable to take the group outside. It should be equipped with a fire place suitable for cooking so that scheduled cook-outs do not have to be cancelled because of rain.

Experienced campers should have clothing that will permit them to carry on outdoors in the rain. Learning to take care of themselves in all kinds of weather is a valuable experience.

Preparing for Democracy

We should also bear in mind the fact that we are preparing children to become participating members of a democratic society. In a democracy, all people are encouraged to participate in planning. People are encouraged to ask questions and make suggestions. There are emergency situations, of course, in which people are expected to follow orders without question; but these are recognized as such.

Deciding to go on a hike and then leaving the details to the counselor is not group planning. The group should decide what activities are to take place on the hike. Then it should decide what food and equipment are needed.

It should divide among its members the responsibility of getting

and packing the food and equipment. It should divide the responsibility for gathering wood, cooking, pitching tents, constructing sanitary facilities, and other necessary details. Thus the campers will gain experience in thinking their problems through to conclusion and assuming responsibilities.

In preparing campers for life in a democratic society, we should give them a great deal of practice in group discussion, group planning and self directed group activity. They should be expected to obey orders instantly and without question only in emergencies such as fire.

HOWS and WHYS

of ACA Dues Changes

• Why has a revision of dues been proposed?

To continue good service to members.

To increase those services as the National Board makes it possible through planning and direction.

To do a fine job of promotion of Camping.

To see that evaluation and standards are thoroughly accepted and enforced.

• How will the proposed revision of categories and dues affect each member?

It will make a more equitable distribution of dues through providing better classification of *Camp memberships*. Camp categories will be based only upon gross income. Some of those holding Camp memberships may move into a higher dues bracket.

A new category has been created to serve those individuals interested in camping primarily through a *business* affiliation. This will enable business associates of camping to participate in the work of the ACA on a good basis.

Those who hold *individual* memberships will increase their dues by \$1.00 a year, thus giving more support to ACA both on a national and a sectional level.

• How can we increase Camp memberships?

It will be possible to increase Camp memberships if

the ACA membership as a whole votes to accept the following recommendation from the October, 1954, Workshop on Service to Members:

"It is mandatory that each camp have a membership in the proper category before either the owner or the director may become a member in any other category. This camp membership entitles the camp to membership in the name of one individual, preferably the owner or the director. Additional administrative officials should hold Executive memberships."

• How will we decide about the acceptance of these proposals?

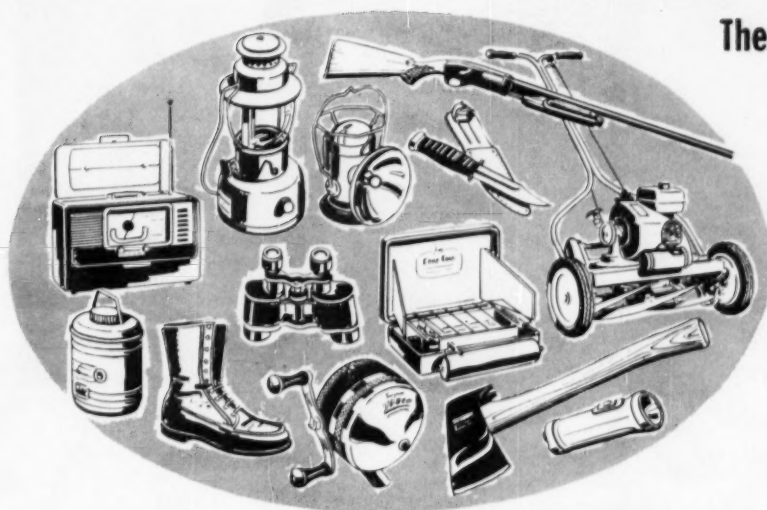
A ballot will be sent to each member of the ACA this spring. There will be space to vote separately on the following proposals: (1) the revised dues schedule (2) the Membership Workshop recommendation given above.

• How will we take care of membership of people wishing to hold camp memberships who do not qualify under the standards?

These will receive consideration by the Section Standards committee, who will use as guide the material developed by the National Standards committee.

—Marjorie Cooper, Chairman
ACA Membership
Committee

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By J. H. Ebbs, M.D.
Medical Director,
Taylor Statten Camps, Toronto



Boy Scouts of America

Fatigue —

A Major Health Problem in Camps

IT IS PROBABLY only natural that some campers will experience fatigue and suffer from its effects, when one considers the marked change in environment from home life to that at camp. The trip to camp, with its excitement, anticipation, tension and in some cases apprehension, may result in a very tired camper, both physically and mentally. However, this is something which is easily overcome by a night of good rest. While we have no desire to "molly-coddle" and over-protect, we must recognize the results of fatigue and whenever possible prevent its occurrence.

WHAT IS FATIGUE? It is the experience of feeling the whole body in a state of discomfort and limpness with a lack of desire to continue the same kind of work or activity.

There are several types of fatigue

but we need consider only three.

Physical fatigue is well known as the feeling of wanting to stop and rest, or to sleep after being very active or from doing something for a long time. Examples of this are many at camp, such as swimming, running, paddling and hiking.

Fatigue in these cases is produced by great exertion for a short time resulting in an oxygen debt, and rapid breathing with increased heart rate. A short rest will cure this condition. Long continued effort on the other hand will cause an increase of lactic acid in the muscles, which causes the tired, sore feeling and takes much longer to recover from.

Mental fatigue is experienced with long periods of study, reading and concentration. In camp we see it when there is prolonged activity in one thing resulting in lack of interest, boredom, and loss of enthusiasm by the individual or the group.

The camper becomes bored, lackadaisical, irritable, tense or jumpy.

Emotional fatigue is seen in moody campers or associated with periods of anger, frustration and jealousy. It should be watched for in those who have fears, are unhappy, or who are secretly homesick. These children look unhappy, pale, and often have dark circled eyes, with signs of tiredness more marked in the morning, when they would be expected to be refreshed.

Factors contributing to these signs of fatigue are many but a few can be listed.

Causes of Fatigue

Individual variation in skills is easily recognized, but it is sometimes difficult to appreciate differences in endurance. Some campers seem to be able to stand much more physical activity and mental stimulation than others. This is seen on trips when the same campers

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each day will complain of being tired before others in the group.

Age is of course a factor and we do not expect a six-year-old to be able to do the same amount of work or keep at it as long as 12-year-olds. We should look at the camp program and note how many activities are the same length for young campers as for older ones. The leader should also be conscious of the fact that his strength and endurance are far beyond that of his group and must expect them to complain of tiredness earlier than he will feel it himself.

Body type is easily recognized as a factor, and the solid muscular body will usually fatigue less easily than the thin, frail type of body build.

Personality types can be picked out at camp, particularly the nervous, tense, worrying youngsters who never seem to rest.

Health, both present and past conditions, especially infections, will reduce the child's ability to work. It sometimes takes several days to convalesce from a sore throat and regain full physical condition. Children who are known to suffer from hay fever or asthma may have mild attacks which will produce signs of fatigue. Poor nutrition, seen in those who eat a faulty diet over a period of time, may show earlier signs of fatigue than others.

Environment plays a minor part in chronic fatigue, especially the physical arrangements for living. Tents, cabins, swimming and play areas which are too crowded increase fatigue. It is well known that excessive heat or very cold weather will interfere with physical activity.

Lack of sleep is, of course, a major factor in producing fatigue, since the body must have sufficient time in which to restore its tissues for additional work. Children must have time to grow and we know that growth takes place while the body is at rest.

Some campers need more sleep than others; some stay awake later at night and disturb others; while some awaken too early in the morning and try to awaken others who need additional sleep. The comfort of beds and bed-clothes play their part in proper sleep, and of course a camper who has nightmares is

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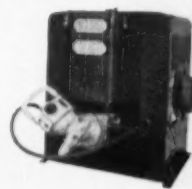
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usually not as well rested as others.

Worry and fear, such as may result from thunder storms, accidents, fights, inter-group troubles, night noises, frustrations and worry about activities in which they have previously failed, all contribute to the feeling of tiredness.

Physical condition depends upon previous physical work, and some have had more opportunity than others to get into condition. No one reaches the limit of exertion.

Boredom results from faulty program, lack of enthusiastic leadership or prolongation of the normal attention span for the age of the group.

Results of Fatigue

1. Irritability—sometimes ends in behaviour disturbances, emotional outbursts and change in normal personality.

2. Loss of interest in activity is, of course, early and may be associated with an inability to concentrate.

3. Health hazards, which are associated, are the tendency to headaches, loss of appetite, loss of weight, and susceptibility to colds.

Severe physical fatigue may precede poliomyelitis.

4. Safety hazards associated with fatigue are loss of attention, diminished skill, carelessness and a lack of keenness in appreciating danger.

Remedies

What can we do about fatigue? If fatigue occurs, we can have the child examined medically to rule out such causes as infection or disease, and eliminate the cause if possible. The total camp program should be evaluated to see if it is too active, too stimulating and if there are tense situations developing. The group should be looked at to see if it has poor leadership, if there is any disturbing influence in the group, and if a change is needed either in group personnel, counselor or activities.

The individual with fatigue may be homesick, worried or trying too hard to do physical things. A separate period of rest away from the group a special program or freedom from routine may eliminate some of the troubles.

Importance of Prevention

Prevention is most important and should be the objective of a well-organized camp. The campers should be gradually conditioned physically in order that they can enjoy their camp holiday. The camp should be ready for them so that there is a minimum of confusion with regard to baggage, beds, meals and physical arrangements. Everything possible should be explained to new campers to overcome worries and fears. The physical activities in the early days of camp should be graded, scheduling shorter activity periods and allowing more "free" time. Periods of "relaxing" program should be planned and rest periods can be prolonged before and after special events and during hot, humid weather.

Sleep should be of as much concern as food and water safety. The following schedule should be insisted upon as minimum hours of sleep, rather than time in bed.

6-8 years	11 hours
9-11 "	10½ "
12-14 "	10 "
15-17 "	9 "
Staff	at least 8 "

Patrols for early wakers should be used and quiet retiring periods with evening programs which taper off are helpful.

Program plans should be changed if unusual conditions arise, such as hot weather, numerous colds and unexpected happenings. The creation of interest and maintenance of enthusiasm by repeatedly putting something new into regular programs prevents boredom. Continuous comment from the director and leaders about the performance of groups and individuals keeps up morale and prevents loss of interest.

A constant watch should be kept for signs of tension, worry and irritability in individual campers and in groups, allowing the director to find the cause and prevent more serious results of fatigue.

All of the above is equally important and perhaps more-so for members of the staff, who cannot be satisfactory leaders if they are suffering from fatigue. The camping experience is so much richer if it is unhampered by over-tiredness.

—Excerpted from *Canadian Camping Magazine*

Camping Magazine, March, 1955

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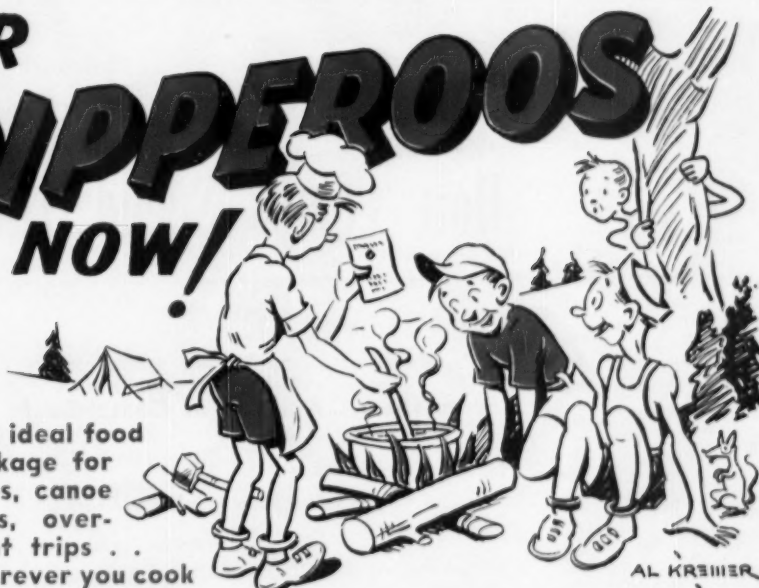
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Cream Dessert (Butterscotch or Chocolate Flavor)	6 oz. bag	8.75	New simple method. No boiling water necessary. Just add cold water.
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Beef Style Vegetable Soup Base	2¼ oz. bag	9.60	A delightful, economical Soup.
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How Camps Spend Their Money

From the ACA Study of Camp Costs and Operations

By Elizabeth Frank and Norman P. Miller

In collaboration with the Research and Statistical Departments of Higham, Neilson, Whitridge & Reid, Inc.

LAST SPRING, in a series of three articles based on the ACA Study of Camp Costs and Operations financed by Higham, Neilson, Whitridge & Reid, *CAMPING MAGAZINE* presented documented breakdowns of the average income and expenditures of camps in each of the four general categories (organizational-resident, organizational-day, private-resident and private-day.)

While these tabulations are both interesting and important, they are not specifically applicable by the individual camp director or operator unless his camp happens to be somewhat of an average camp. Camps which are substantially larger or smaller than the average may or may not be typical, insofar as expenses are concerned.

This article, therefore, deals with average large camps and average small camps in the organizational resident categories. Succeeding articles will cover the same ground for private camps and day camps.

Cost Per-Camper-Day—Organizational Resident Camps

In an earlier article, we reported that a typical organizational resident camp spends \$2.63 per camper per day. Since this was an average, some camp directors felt that this

figure was not too significant because it was felt larger camps could obviously operate more inexpensively than small camps. Mass buying, more efficient feeding, etc. would permit a large camp to provide identical facilities, food and programming at a lower cost per camper day than the same could be furnished by a smaller camp.

The facts, although tending to bear out this theory, show surprisingly small differences in the costs per camper day. By dividing the surveyed camps into two groups, those accommodating 100 or less campers at a time (average: 65) and those accommodating more than 100 campers at one time (average: 140,) it was found that the large camps operate at a cost of \$2.53 per camper day and the small ones operate at a cost of \$2.73 per camper day, a difference of about 7%.

Generally speaking, large camps operate 10% to 20% cheaper per camper day for most services provided. Salaries, both counselor and non-counselor, maintenance and improvements, rent and insurance all account for substantially less per camper day in large camps than in small. However, miscellaneous expenses (transportation, medical supplies, program material, advertis-

ing, publicity, office supplies, etc.) take 49¢ per camper day in large camps as compared to just 44¢ for the small camps.

Furthermore, the largest single expense for any camp, food, is slightly more expensive in large camps than it is for small camps. Large camps spend an average of 87¢ per camper day for food whereas small camps spend only 83¢.

Here is how large organizational resident camps compare with small organizational resident camps on a camper day basis:

	Large	Small
Total expenses	\$2.53	\$2.73
Food	.87	.83
Counselor salaries	.38	.44
Non-counselor salaries	.28	.33
Maintenance and improvement	.29	.36
Rent	.13	.22
Insurance	.09	.11
Other expenses	.49	.44

The biggest differential percentage-wise is in the rent. Small camps have to spend two-thirds again as much for rent per camper day as do large camps. Other differences generally reflect the nominal savings which might normally be expected in comparing any large operation with a small operation.

It is not too surprising that the large camps outspend the small ones for miscellaneous items. This might be accounted for solely on the basis

Camping Magazine, March, 1955

of additional program material, more elaborate advertising, and some non-essential expenses which a large camp may be able to afford more often than a small one.

The food differential is harder to explain. Unless the larger camps waste more food or feed a larger proportion of non-campers, it can only be explained by theorizing that large camps have more or better food. Certainly the large camps have the same opportunity to effect savings on food because of their size that they do for salaries and their other expenses.

Overall Expenditures— Organizational Resident Camps

Although large camps and small camps are comparatively alike in costs per camper day, there is a tremendous difference in the amount of money they spend. The large camps not only have more than twice as many campers, they also operate longer seasons.

The typical large camp has an income of \$19,000 per season. Surprisingly enough it makes a profit of 1% of gross income and therefore spends \$18,910 per season. The typical small camp, on the other hand, has a total income of only \$4,000 per season. It incurs a loss of 2%, and therefore spends about \$4,080 per season.

Here is how large and small organizational and resident camps spend their money:

	<i>Large</i>	<i>Small</i>
Income	\$19,000	\$4,000
Food	6,500	1,280
Counselor salaries	2,865	680
Non-counselor salaries	2,100	480
Maintenance and improvement	2,135	520
Rent	955	320
Insurance	725	160
Other expenses	3,630	640
Total Expenses	18,910	4,080
Profit or Loss	190 (profit)	80 (loss)

The single major factor which enables organizational camps to operate as inexpensively as they do is the donations other than money which many of them receive. These may be in the form of food, equipment, leadership or other such kind of service. The above figures represent averages including all types

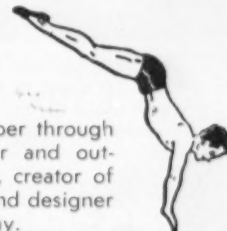
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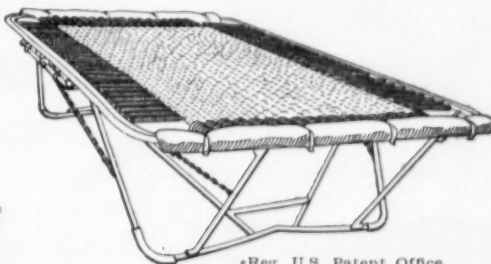
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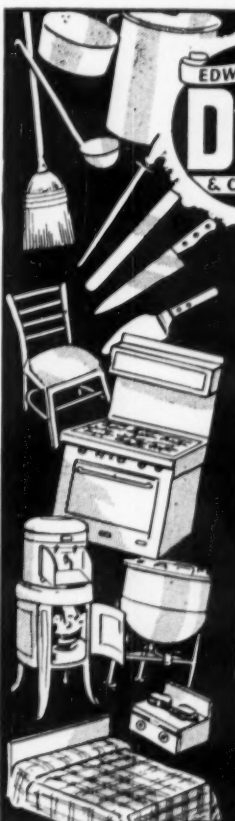
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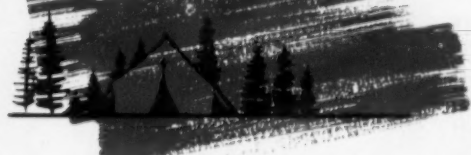
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of organizational camps, and as such, they reflect a middle ground between camps which are run on a shoestring and those operated on a comparatively lavish scale.

Unlike private camps which normally operate pretty much alike although with sharply divergent facilities, etc., organizational camps run the gamut from the most modest type which is usually nothing more than a camp ground where campers bring their own equipment and even in some instances their own food, to the other extreme, a half a million dollar business with all facilities and operations at a profit.

The campers themselves exhibit a similar range, from less privileged children who pay no tuition or fees of any kind, to campers who are paying for and receiving the ultimate in camp facilities.

Clearly many of these camps are supported to some degree by cash donations. Although the average organizational camp receives only 10% of its income from donations, many receive a lot more than this and some receive 100%. And this

is not the whole story. Many counselors work for nothing; frequently the rent charged is only a token and many times it is not even that.

Sometimes taxes, insurance, or maintenance and improvements are paid for through sponsoring organizations and therefore the camp, while not receiving the cash directly, has the benefit of these donations. Also, some of the items that should normally be reported in the camp budget may not show as they are carried in the overall budget of the organization (e.g. director's salary.)

Under the circumstances all the figures shown tend to be low, reflecting only the average cash outlay for these expenses, and obviously the camps which receive free rent, free counselors, free insurance, etc. bring the average down.

Another factor which complicates the figures is that in some instances, the payment of rent covers other expenses such as insurance, maintenance, improvements, and even—in a few isolated instances—food.

On the whole, however, these figures represent very solid and consistent proportions. Any camp director should be able to take his own overall budget and by comparing it with these figures, arrive at some helpful facts regarding his own expenditures.

To facilitate this, here are the above figures converted into percentages, or cents per dollar of income, for organizational resident camps:

	Large	Small
Total expenditures per dollar of income	\$.99	\$.102
Food	.34	.32
Counselor Salaries	.15	.17
Non-counselor salaries	.11	.12
Maintenance and improvements	.11	.13
Rent	.05	.08
Insurance	.04	.04
Other expenses	.19	.16

It should be noted that taxes, both of which were itemized by the survey, do not account for even 1% of a typical organizational camp budget and therefore are not reported in the tables in this article. Of course, as mentioned previously, some organizational camps incur these expenses but do not pay them out of their camp budgets.

A future article will cover these same subjects for private resident camps.

Camping Magazine, March, 1955

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NEWS FOR CAMP LEADERS

Lake Erie Section to Sponsor

Counselor Exchange Program

THE LAKE Erie Section of ACA has adopted a well-thought-out plan to enable several camps in the Cleveland area to use German youth leaders and teachers on their counseling staffs. The plan is to go into effect the summer of 1956 and groundwork for securing the best type of people has already been laid.

Most influential in formulating the idea was Henry Ollendorff, president of the Section, who spent several months this past year teaching in the field of social group work in Germany. His experience there convinced him that one of the best ways of showing young Germans the democratic way of life was to have them serve in American camps, where voluntary group participation

and democratic group leadership are basic principles.

The Lake Erie plan calls for 25 German youth leaders to be invited to Cleveland in May of 1956. From May through the middle of June they would participate in a training course in group and camping leadership at the School of Applied Social Sciences of Western Reserve University. From June through August, they would serve as camp counselors in five different camps in the Cleveland area. Even now, more camps than could possibly be utilized have promised their participation.

The financing of the project will be distributed in three channels. Overseas travel and university tuition will be secured from the State

Department under its International Educational Exchange Program. Living expenses and spending money in Cleveland will be supplied by the camps involved. It is expected this will not exceed the regular expenses for other camp counselors. Approximately \$3200 for other expenses will be secured from Cleveland sources. This refers to about \$750 for office expenses, \$1750 for expenses involved in selection of the leaders and about \$700 for travel expense from New York to Cleveland and back.

The Lake Erie Section has mimeographed a brochure giving full details of the project, which may aid other Sections interested in undertaking such a plan. A few are available from their office, 1001 Huron Rd., Cleveland 15, Ohio.

ACA Issues Two New Administrative Forms

TWO NEW administrative forms have recently been added to the series prepared by ACA for members' use.

The first is a Camp Staff Application form. In easy to read and understand printed form, it contains ample space for an applicant to fill in such information as education, camp experience, references, and skills. Deeper understanding of a candidate is obtained through such questions as "What contribution do you think you can make at a camp?" and "What contribution do you think a well run camp can make to children?"

The second, the Adult Camper Health Examination form, has been designed primarily for family camps. It covers both the camper's own health history, as well as the results of a recent physical examination by a licensed doctor.

These forms, as well as the Camper's Health Examination forms for either boys or girls, and the Camp Health Record, are available from the ACA National Office, 343 S. Dearborn St., Chicago 4, Ill. Prices on all are \$.02 each; 25 for \$.40; 50 for \$.75; 100 for \$1.00.

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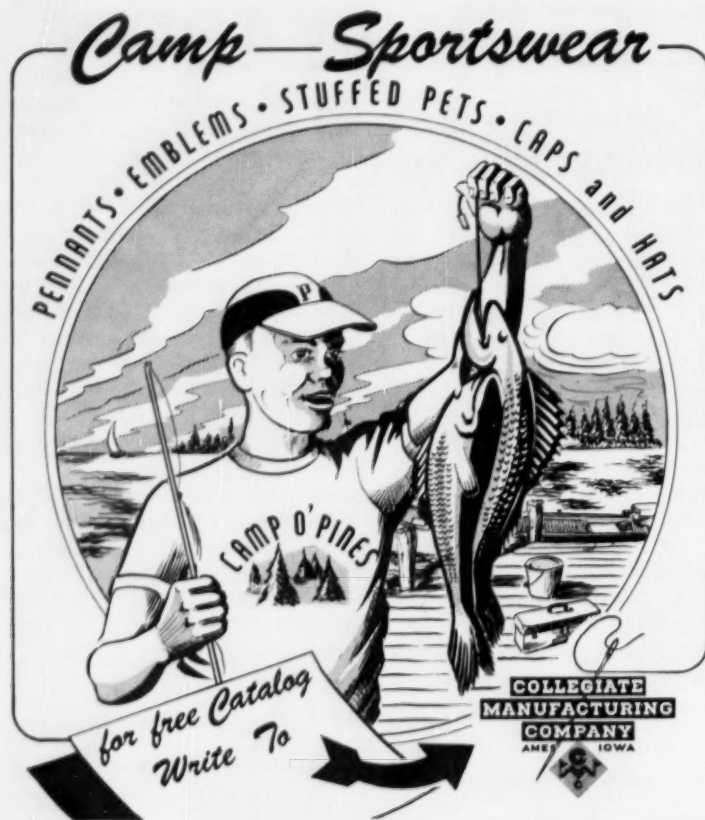
for ACA project

IN OUR READING, all of at one time or another, have come across certain articles, chapters of books, or verses which seem to have particular meaning and import. And we are sure this has been true of some of the literature on camping which has been published.

In a new publishing venture, ACA, together with Association Press, is attempting to bring together such material in one book to be titled "Readings in Camping." The book will contain the most stimulating and refreshing articles, quotations, verse and illuminating anecdotes which have been written in the area of camping.

The help of all ACA members is needed to make this book as functional and valuable as possible. Camp leaders are invited to submit their favorite excerpts, or the sources of them, for consideration. Tentative plans call for main topics in the following areas: philosophy and status, general camp administration, leadership and supervision, program planning and evaluation, understanding the camper, types of camps and records and reports.

All suggestions should be sent to Robert E. McBride, San Francisco State College, 1600 Holloway Ave., San Francisco 27, Calif., who is compiling the material.



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News for Camp Leaders

National Camp Announces 1955 Courses

THIS YEAR marks the sixteenth year of operation of National Camp, under the auspices of the Outdoor Education Association, Inc. For the third year, sessions will be conducted at the new National Camp site, in the Pocono Mountains, near Matamoras, Pa. Dr. L. B. Sharp will again serve as Executive Director.

One of the features of the various types of sessions is the small-group, decentralized type of organization.

**Additional
Leadership Training
Courses for 1955**
will appear in the
April issue of
CAMPING MAGAZINE

Many new kinds of trips, conducted by teachers and college leaders, relate the out-of-doors to classroom study. The practical approach to effective conservation practice and programs is used. Techniques and skills in pack and trail camping are learned.

Safari and family camping experiences are offered. A laboratory youth camp for boys and girls, ages 11 to 16, is an integral part of the overall training program.

At the urging of many camp directors throughout the country who want their counselors to attend National Camp, an early pre-camp session has been arranged this year. The special counselor preparation course will be conducted from June 13 to 23, at a fee of \$75.00.

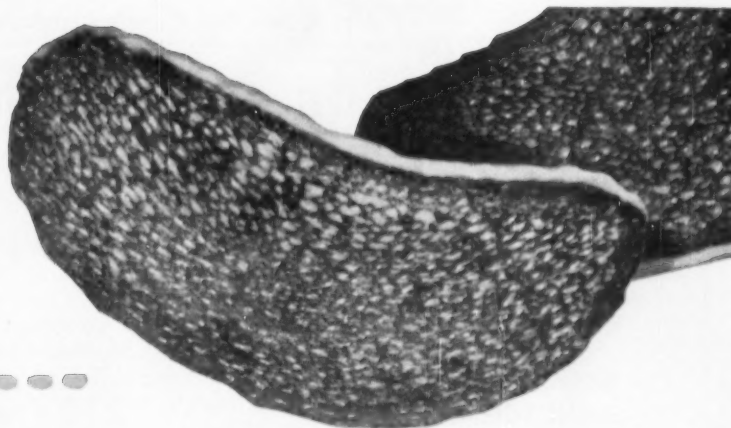
Courses in other areas will run from July through mid-September.

Full information on fees, college credit arrangements and application forms may be had by writing Dr. L. B. Sharp, National Camp, Outdoor Education Association, Inc., 396 Lexington Ave., New York 17, N. Y.

Camping Magazine, March, 1955

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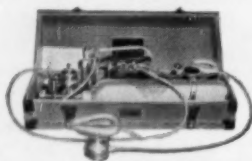
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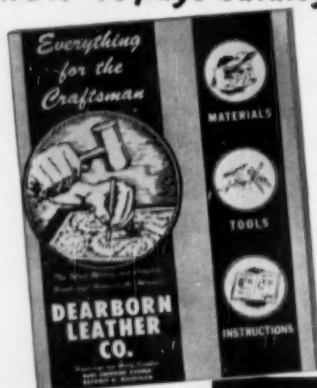
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News for Camp Leaders

Reviews of Several Regional Conventions Highlight News from ACA Sections

REGION 1

Many big names in camping and related fields took part in the 33rd Annual Convention of the New England Camping Association on February 4 and 5. More than 1,000 were in attendance.

Representing ACA National were

demonstration of Indian Lore as a craft; Stanley Stocker of Springfield College showed new foods and equipment for wilderness camping; and MacDonald Murphy, Maine Guide, discussed "Campcraft as a Program."

At the annual business meeting,



New officers of the New England Camping Association elected at the recent Region 1 convention are, left to right, back: Jerald Newton, vice president, Rev. William G. Berndt, president, Arthur L. Hayden, assistant treasurer. Front row, left to right are: Ruth Hahn, secretary, and Mrs. Barbara Learoyd, continuing as executive secretary. Not present is Oscar Elwell, reelected treasurer.

Mrs. Richard Beckhard, who spoke on "The ACA Reaches Out," and Gerard Harrison, assistant executive director, who reported on ACA's recent activities.

Dr. Frederick H. Lewis, Executive Director of the Herald Tribune Fresh Air Fund was banquet speaker discussing "What Camping Offers in Democracy." Dr. Arthur Blumberg of Springfield College conducted a seminar devoted to "Role Playing as a Method of Counselor Training."

In addition, a discussion of ethics in camping was led by Bradford Bentley and Harry Brown; questions on standards and inspections were covered by Halsey Gulick and his committee.

In the area of program, Springfield College students presented a

new officers for the Association were chosen. (See cut.)

REGION 2

Eastern Pennsylvania Camping Association held a general membership meeting during the Region 2 Convention in Atlantic City. The Section has reported rapid strides this past year in its Day Camp memberships. Plans are being made for visiting Day Camps this summer by a Standards Committee.

New York Section, like Eastern Penna., held a meeting of its members during the Region 2 Convention. New York's affair took the form of a luncheon.

Several hundred ACA'ers, representing Sections from New York to Virginia, attended the Region 2 Convention held February 24-26 at

Camping Magazine, March, 1955



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Solomon
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News for Camp Leaders

Claridge Hotel, Atlantic City, N. J. Host was New Jersey Section and general chairman was the Section's president, Frank Ramsey. Program Co-Chairmen were Eleanor Henderson and Earl Armstrong.

Fourteen kindred-group meetings, and 18 small-group sessions, plus several general sessions added up to a busy and very worthwhile time for the Region 2 conferees.

First general-session speaker was Mrs. Anna Perrot Rose Wright, author of "Room for One More" and "The Gentle House," whose topic was "Better Understanding Makes Better Children." Dr. Howard A. Lane, of New York University, was another featured speaker, with his inspiring presentation on "How to Bend a Twig."

Two general-session talks were also offered by Dean Charles Noble, of Syracuse University. He first spoke on "Do We Have What it Takes?" and at the closing session of the convention presented "A Blueprint for Camping."

REGION 3

Michigan Section met on February 26th in the Lansing YMCA, taking up the subjects of conservation, camp appraisal, maintenance and feeding. Luncheon speaker was E. L. B. Shelley, chief psychiatrist of the Boys Vocational School in Lansing.

Speaker at the Lake Erie Section January meeting was Howard Galloway, editor and publisher of CAMPING MAGAZINE. Mr. Galloway's topic was "Telling Your Story Through Printing."

Using numerous printed pieces as examples, he described important considerations used by leading mailers to assure that printed materials will receive the best possible reception on the part of those to whom they are sent.

The Lake Erie Section was host to Region 3 delegates at their Convention on February 3, 4 and 5. James F. Whyte served as General chairman, with R. Fox Smith in charge of program.

A special layman's luncheon was held as part of the program, with E. V. Rasmussen, General Secretary of the Cleveland YMCA speak-

ing on "The Layman in the Camp Program." "Conservation Education in Cleveland Public Schools" was portrayed by Bill Tomko and eight students of John Marshall High School in Cleveland.

Other main speakers were Dr. George Donaldson, Director of Camp Tyler in Texas, who spoke on "The Kind of Camp I Want My Children to Attend—Tomorrow;" and Dr. George P. Michaelides of Oberlin College whose topic was "International Understanding Through Camping."

Numerous kindred group meetings and workshops were held cov-



George Donaldson

ering all types of camping and phases of program, leadership, camp site and food service.

REGION 5

Nate Wasserman, committee chairman of the February meeting of the Chicago Section, arranged a most useful panel presentation on the subject of "Purchasing." Three areas were covered, each led by a different resource person.

Tom Curtin of the YMCA discussed purchasing with regard to buildings; Ruth Stevens of the YWCA was panel member interpreting food purchasing; and Joe Kupcinet of Camp Interlaken of the Pines, gave tips on purchasing sports equipment.

The February meeting of the St. Louis Section was devoted to the timely topic of "Integration in the Summer Camp."

Harold Bourgeois and the Inter-cultural Committee of the Section outlined a program at which Homer Bishop served as moderator of a panel discussion. Leading educators brought interesting comments with plenty of ideas from other guests.

Camping Magazine, March, 1955

News from Camp Leaders

Kansas City, Mo., was the setting for the Region 5 convention, held February 7, 8 and 9, at which the Missouri Valley Section was host.

Dr. Charles Noble of Syracuse University was on hand throughout the entire Convention to lend his talents to discussion groups as well as general sessions.

Project demonstrations on an actual camp site were arranged with assistance from, among others, the Kansas City Museum, the Weather Bureau, the Girl Scouts and Central Missouri State College. Demonstrations on facility planning, maintenance, kitchen facility planning and nature projects were held.

A workshop on leadership training, directed by Gunnar Peterson, was conducted concurrently with the convention.

W. G. Schmiederer served as general chairman, with John Banghart program chairman.

A report on the Region 5 convention was the program for the Minnesota Section February meeting. Under the leadership of Jerry Manlove, highlights on various aspects of the convention were given by those who attended, followed by discussion groups in which all participated.

Wisconsin Section's winter meeting, an afternoon and evening affair, led off with a talk on "Visual Aid Program in your Camp" given by Richard Hoelke of Roa's Films. As part of his presentation, Mr. Hoelke took guests on a tour of his company's plant.

Following this, a session on nature crafts was held, presided over by Vi Berg. Members attending actually took part in making things of native materials.

The evening program featured as speaker Dr. T. J. Jenson, who spent last year in Germany working with youth groups.

We'd like news from some of our other Sections telling about their important Spring meetings. Why not appoint a recorder at your next meeting to send a brief resume to CAMPING MAGAZINE. Your programs may give some very good ideas to other Sections!

Camping Magazine, March, 1955

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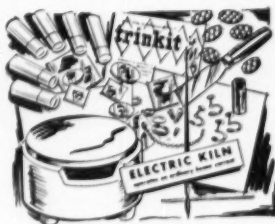
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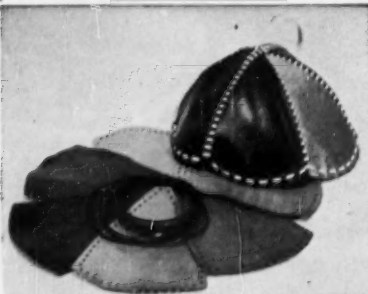
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News for Camp Leaders

Ideas Galore for International Program In UNICEF Camp Kit

CAMP DIRECTORS and counselors will find ideas for new and unique types of indoor and outdoor programs for summer camps in a kit prepared by the United States Committee for UNICEF.

Originated last year, the idea of a UNICEF Day in Camp was shared last summer with hundreds of camps in the United States, Canada, Europe and Australia. It provides an opportunity for American campers to broaden their knowledge of other lands by creating and participating in international programs

An evening of entertainment may be arranged featuring games, songs and dances of a selected country.

Campers may stage plays and skits depicting life in some far-off land or hold a UNICEF fair, displaying posters from the Camp Kit and articles made in handcraft class. More suggestions and detailed information are contained in the new UNICEF Camp Kit.

Camp directors and counselors are invited to write for the UNICEF Camp Kit, which sells for \$1.00, to: United States Committee for UNICEF, Room 1860, United Nations, New York.



that are fun to do. They may learn new customs, games, songs and dances—to name a few items—native to boys and girls on the other side of the world, and they will know more about the background of some of their own fellow-campers.

Campers will also learn about UNICEF—the United Nations Children's Fund—world's largest inter-governmental organization devoted solely to the improvement of the health and welfare of children and their mothers. In learning about UNICEF, American campers will come to know some of the world's most challenging problems and the constructive steps being taken to solve them through cooperative effort.

A UNICEF Day in Camp has unlimited possibilities. You may have an international party in native costume, and serve native dishes.

Dates Ahead

Girl Scout Week—March 6-12

Camp Fire Girl Week—March 13-20

American Camp Week—May 1-8

Camp Health Symposium, Children's Medical Center, Boston, April 23.

Food Buying Bulletin Issued by Cornell

THE NEW YORK State College of Home Economics, Cornell University, has just made available to camp directors its new bulletin "Buying Food for your Camp."

Written by Agnes Carlson Foley, the major portion of the book is devoted to food marketing tips for canned foods, cereals, milk and milk products, meats, fruits and vegetables, and others. Also included are good sections on menu planning, quantity recipe information, and eligibility for government surplus foods.

Single copies are available, free of charge, from the Mailing Room, Stone Hall, Cornell University, Ithaca, N. Y.

Camping Magazine, March, 1955

School Camping Featured in Brochure

"SCHOOL CAMPING: The How and the Why" is the January feature of "The Educational Trend," published by Arthur C. Croft Publications, 9 East 40 St., New York, N. Y.

Covered in the solid four-page folder are such topics as how to begin a school camping program, a look at three successful school camping trips, some benefits of the adventure approach to education, and what about cost, liability for accidents.

Those interested in outdoor education may order copies of the folder from the publishers for 25 cents each.

Ontario Association Holds Annual Conference

THE ONTARIO Camping Association held its annual conference on March 3, 4 and 5 at the Central YMCA in Toronto.

Featured on the program were such outstanding speakers as Cornelia Goldsmith, Professor Allan F. Klein, Rev. Wilbur K. Howard and Ron Perry.

Lively discussions were held on varied topics as camp crafts, program, trends in camp construction, and standardization of canoe tests.

Fannie L. Case

THE FOUNDER of Northway Lodge Camp, Fannie L. Case, died on January 23 in Rochester, New York, at the age of 87.

Miss Case opened the first girls' camp in Canada the summer of 1906 in the wild forest region of Algonquin Park, Ontario. Through its half century, the emphasis at Northway Lodge has been on primitive camping, getting away from over-organized activities and learning to live in the out-of-doors.

Miss Case retired in 1950, turning the camp over to a friend and former camper, Mrs. Ann Russe Prewitt.

Camping Magazine, March, 1955



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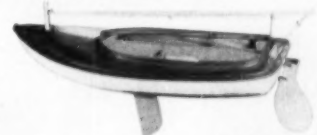
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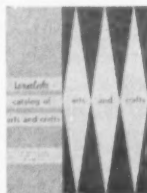
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Willing hands make light work of "housekeeping" chores at Nebraska Camp Fire Girl camp.

How camps can help

Reduce Racial Tensions

HAVING BEEN interested all my life in children and in outdoor living, I have often been concerned about what camping can contribute to the solution of inter-group tensions. The camp situation with its informality, development of group living, its program of varied child and nature-centered interests, its constructive leadership and democratic functioning would appear to be an ideal nursery for the cultivation of better understanding between individuals.

Children are not born with prejudice. How good it would be if they could know children of other races early enough so that the clichés and ignorant generalizations of their elders could not take root in their minds. Having had fun with a "regular guy" at camp conditions you for life not to make pre-judgments simply on the basis of skin color or hair texture.

Considering the camp then as a laboratory for the prevention of prejudice and the cultivation of democratic attitudes, how effectively have we used the medium to edu-

cate the younger generation? Personally I think we have only scratched the surface of a potential that is enormous in scope.

The Girl Scouts, Boy Scouts, YWCA, YMCA, among others, have become increasingly aware of the challenge of minority groups in our social order and have opened the doors wide to include all peoples. A few private camps also solicit attendance but sometimes find their campership funds too heavily taxed to admit more than one or two. There is undoubtedly considerable reluctance on the part of minority group parents to allow their children to participate in a general program. Instead of jumping at the chance to send a child to camp, they hold back and question

and often refuse an eager solicitor.

Why is this the case? A large factor is the fear that the child will not be fully accepted on an equality with other children. This fear is difficult for us of the majority to appreciate adequately. We have not had to explain to our children why sudden barriers are thrown up at school or in the neighborhood. It is almost impossible to imagine rejection if you have never experienced it.

To reassure people who have lived through this kind of frustration, it is not enough to just open the door. You have to go further. You have to say, "Let's go in together," and sometimes you have to set the stage beforehand so that you can be sure of a warm, genu-

By Mrs. Frank Duveneck

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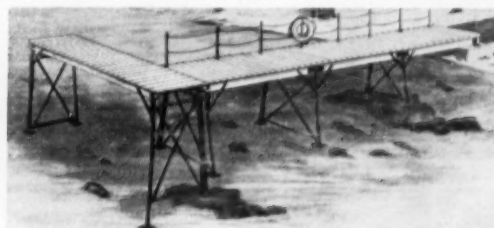
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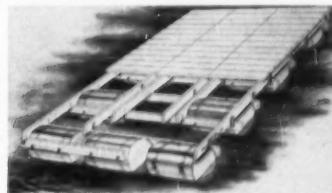
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ine and relaxed welcome. Eventually this should not be necessary but in the beginning to overcome insecurity, I believe the dominant group has to go 90% of the way. After all we have created the situation and we should be the ones to correct it.

There is also a feeling on the part of many minority groups which we white people rarely appreciate. That is a prejudice against us and a question whether we are quite the proper people for the care of their children. Only where we can prove the sincerity of our intentions can we hope to be accepted as worthy of this trust.

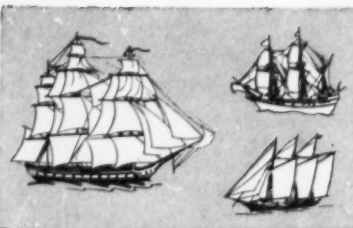
Acknowledging the difficulties, what steps can we take to improve our chances of success?

First, it would seem to me wise to draw into consultation and into membership on our boards and camp committees those persons of Negro, Oriental or Latin American parentage who hold positions of responsibility in social service, education and allied fields. There is now a group of young professional men and women who have much to contribute in the working out of our common problems. I think we should use these people and be guided by their judgments.

Again, in the matter of camp counselors, I think we should be combing the colleges and universities for fine young non-caucasian people to use and train as a first step in establishing desirable attitudes on the part of children, administrators and other camp counselors. They may not apply for the job, but many will be happy to come if you ask them. And such counselors will go far in selling your program to other members of their race.

Another device is the inclusion in the arts and crafts or music program of a visit from an outstanding person to demonstrate a particular craft or skill rooted in his or her people which will arouse the admiration and respect of the campers.

Finally, we should help our ACA Intercultural Emphasis Committee outline a course we might follow to develop further possibilities and suggestions and focus attention on what is and what might be.



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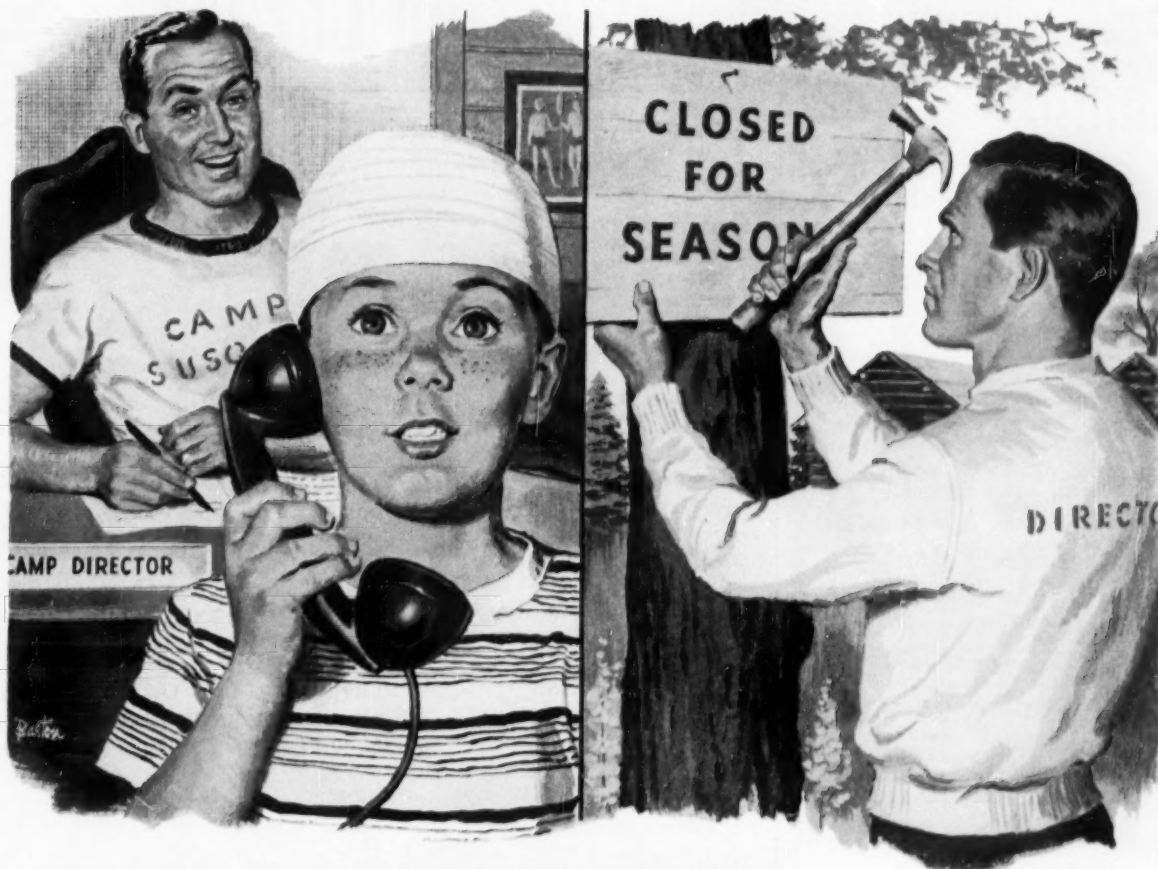
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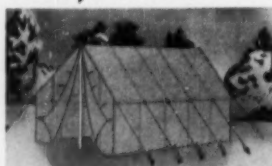
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Question Corner

Have you a knotty camp problem on which you'd like some advice? If so, send it to the "Question Corner." We'll get the opinions of experts on any phases of camp operation—maintenance, administration, program, leadership.

?

Q. In the November issue of Camping Magazine, there is an excellent article, "When You Build—Build It Well!" At one point, the writer, R. K. Cleverdon, mentions a type of toilet which he says is popular in Canadian camps and which he calls "pail-a-day" toilet. Can you give me more information about this type of toilet and what its specific advantages are?

A. Mr. Cleverdon has been kind enough to pass along the following information.

"Pail-a-day toilets were developed for use in rural schools in Ontario, where they do not have running water supply and are faced with freezing problems in winter. Well over 75% of all Ontario rural schools, and many camps, are so equipped.

"The single bowl outfit consists of a 150 gal. steel septic tank fitted with a baffle, threaded outlet, clean-out door on the top, and a hole to receive the drop tube. The threaded outlet is connected to about 15 feet of 4-inch weeping tile, ending in a rock filled hole into which the effluent liquid (about 10 gal. a day) drains and seeps away.

"The porcelain toilet bowl is located directly over the tank, and is connected to a hole in its top by a vertical copper drop tube nine to 12 inches in diameter. A vent pipe connected to the back of the bowl is carried to a high point in the building to remove the gases which collect in the septic tank.

"One pail of water is added daily to the tank. The action is standard septic tank action, but with much

less liquid than with flush toilets and thus less to dispose of in a tile bed.

"The bowls come in single and multiple bowl outfits, and cost roughly \$130 per bowl, whether single or multiple types. Installation involves about eight to ten hours labor, more if digging a hole for the tank is a problem, due to boulders, etc.

"They aren't foolproof, but so far, most of us in Ontario camping who use them feel that they are quite satisfactory. Better results are obtained if the daily water dose is increased to four pails.

"Each fall or spring, some septic tank cleaner chemical should be added, and perhaps a conditioner chemical too.

"I have heard of the odd place where the tank had to be pumped out after some 10 years. Odor can be objectionable when downdraft upsets the venting system."

?

Q. Can you clarify the "depreciation of assets" section of the new Internal Revenue Code?

A. Fred Rogers, Chairman of ACA's Private Camp Committee, explains thus:

"Under the code, there are three methods which can be used in depreciating new assets completed or purchased since January 1, 1954. Two of these methods make it possible to depreciate larger amounts the earlier years of schedules.

"The three methods are: 1. The Straight Line Method; 2. The Declining Balance Method; and 3. The Sum of the Years and Digit Method.

"In all cases, it is still necessary
Camping Magazine, March, 1955

to base the schedule on a reasonable estimate of the remaining life of the asset.

Method 1 is the one most of us have been using, whereby we use 100% of the value of the asset, divide by the number of years of reasonable life, and take an equal annual depreciation each year.

"The Declining Balance Method consists of the application each year of a constant rate twice as high as the straight line method to the unrecovered value of an asset. As depreciation annually reduces the value of the asset, the constant rate is applied to the declining figure. Thus, those who wish to take larger depreciation in the early years may do so under this plan.

"The Sum of the Digits method is also designed for larger deduction in the earlier years. It consists of determining the depreciation figure by multiplying the cost of the asset by a fraction whose numerator is the remaining useful life at the beginning of the taxable year and whose denominator is the sum of all the individual years in the asset's useful life.

"For instance, on an asset purchased after January 1, 1954 on which a reasonable life expectancy of five years would be thus: $5+4+3+2+1=15$. First year depreciation would be $5/15$ or $1/3$ of the cost of the asset. Second year, $4/15$; third year, $3/15$; fourth year, $2/15$; and final year, $1/15$.

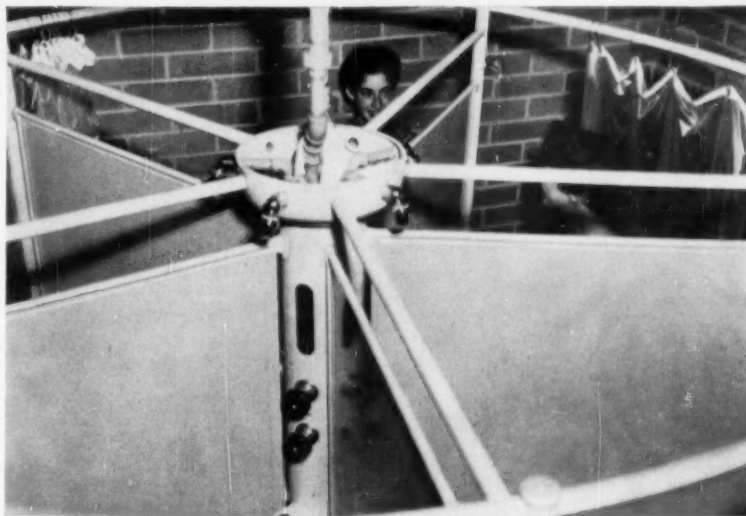
"It is not possible to advise one plan as being superior in every case so, as always, expert guidance from an accountant or Internal Revenue man as to the circumstances apropos to your case is very advisable."

List of Conservation Films Issued

THE NATIONAL Wildlife Federation has made available to camp leaders a bibliography of conservation films, for rental or purchase from private and governmental concerns.

The bibliography may be obtained from the Federation at 232 Carroll St., N. W., Takoma Park, Washington 12, D. C.

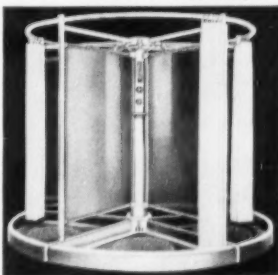
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Catholic Charities Camp,	New Paltz, N.Y.
Campfire Girls Camp,	Silverlake, Wash.
Camp O Tahn Agan,	Three Lakes, Wis.



Above is a 5-Stall Unit. Also made in 3-Stall Wall-location unit and 2-Stall Corner Shower.

Along with several photographs taken at Camp Nicolet (see above) came a fine letter telling about the great satisfaction their Bradley 5-Stall Shower has provided. "We can't begin to tell you the many compliments we have had from parents, campers, and visitors" . . . The growing list of camps and recreation centers having Bradleys indicates that adequate, economical and ultra-sanitary washing and shower facilities are being given careful consideration now.

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Folk Song and Story in the Camp Setting

By Ken Carter

IT IS NO coincidence that folk song and lore have become an increasingly important part of camp activity. Like the weeping willow at the lakeside, they too have a natural grace—a beauty dignified by the passage of time. They too, upon closer scrutiny, will, like the willow, reveal much more than we suspect when first struck by their gratifying simplicity. A natural art, it is entirely fitting that folk art should play its part in the “natural


education” to which camp life is so conducive.

But what is folklore? What is there in a song or a campfire tale that has more than passing value to the camper? Song and story nourish man somewhat as the flower does the bee—and perhaps the beauties of both are secondary to this nutritive function.

Born long ago out of some peculiar need and kept in familiar use generation after generation, songs

continue to be useful tools in the carving out of people's lives—in work and in play, in sorrow and in joy. They reflect ways of life now often unfamiliar to us—depict occurrences, feelings, and thoughts frequently by-passed by the larger sweep of history.


Folksongs belong to anyone who, however imperfectly, can carry a tune and recall or invent words to it. Migrating peoples continue to take song and story along with



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them because they are among their most rare and easily portable possessions. And, altered by new surroundings, adapted to new circumstance, they often change in character: a plaintive lament becomes a hoe-down tune or a lullaby.

Melodies find other lyrics and vice versa (though sometimes through accident or whim,) generally according to the need of the individual, the dictates of the time and the job to be done.

Song and story are undeniably enjoyable, but they are much more than entertainment. Approached with respect, viewed as part of the life they sing and tell of, given some time and understanding examination, they become education — but education full-blooded, alive and kicking, not to be swallowed whole without chewing on awhile and being made capable of digestion.

Folklore's "facts" seem at times in argument with one another. Good. For as certain as it is education's highest function to stimulate as well as to inform the mind, undisputed fact must surely stagnate it.

If "natural education" is a process of inquiry through which the camper may attain to mental and emotional maturity, he must then be continually occupied by a concern for what *really* is. And if controversy can accomplish nothing worse, it can cause the excitement of that vital process of inquiry.

It is a fact that the town of Lawrence, Kansas, was sacked in 1863. But, beyond that, there is little agreement. To some William Clarke Quantrill riding down on Lawrence appeared a "lion-hearted" dispenser of justice. Others knew him for a degenerate thief — a cowardly murderer. But, good or evil, long after textbooks ceased to carry his name, legend has perpetuated it.

Brought to attention by the lore surrounding him, an examination of Quantrill's role in the border incidents resulting from the Missouri Compromise becomes a hair-raising adventure. The adventure leads inevitably to a richer comprehension of a decade of history.

A canal is made by the people who dig it and, alongside the chronicle of their ringing songs compounded of muscle, mud, sweat, fever, and fear, the date of its com-

pletion is a fact of only pale importance.

Of the legendary John Henry,
"Some say he was born in
England,

Some say he was born in
Spain,

But I don't give a damn

Where that poor boy was born
He was a steel drivin' man."

— and that's all that really matters. The gigantic swing of that firestriking hammer could never be encompassed by place-name, statistic or date.

Folklore is not "facts and fig-

ures," it is the very essences that comprise them. It is the "is" which "facts and figures" serve merely to fix in time and space. It lies everywhere, in fertile abundance, ready to serve well the interests of those who would make of camp life a vital personal experience — a complete adventure in "natural education."

Young folksinger, Ken Carter, entertained many camps along the Eastern seaboard last year with song and story. He plans to visit many more camps this year.

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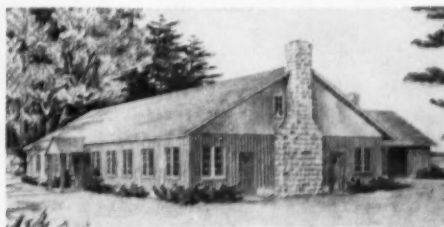
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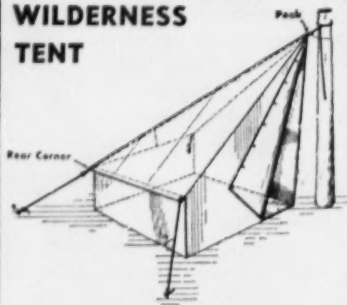


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JOIN and SERVE!

New Program Aids Promote Sports and Social Activities

*Recent news from camp suppliers offers many
ideas for more efficient camp operation.*

Attractive Posters for Camp Announcements

Attractive posters and charts for announcing camp events or for recording tournament play have been made available to camps by the Program Aids Co., 550 Fifth Ave., New York 36.

Called "Eraso Posters" and "Eraso Charts," they are surfaced with a patented finish that, the makers claim, can't wear out, and which permits posters to be used over and over again. The posters are available with illustrations announcing many athletic and social events, such as basketball games, swimming events, square dancing and many others.

An Activities Calendar is also available where coming events, such as trips, parents' weekend, etc., can be recorded.

A special Eraso-Pencil is used for lettering which later can be removed by wiping with an ordinary cloth.

Hot Water at your Finger Tips

Hot water in two seconds! That's the claim of Greatex Products, Inc., for their new portable hot water heating plant, which fits in the palm of the hand.

The small "Thermojet" is attached to any cold water faucet. When water is turned on it winds through a series of channels and comes out piping hot or just warm, depending on the extent the faucet is turned on. When the faucet is completely turned off, no current is used, even though the unit remains plugged in.

Thermojet is recommended for regular or emergency use. Further details may be had from the manufacturer at 890-6th Ave., New York 1.

Handy Tip for Light Packs

Here's an item which will eliminate much of that bulky packing for camping trips. Instead of carrying various frying and baking pans,

you take only a Disposa Pan Holder and a set of aluminum Disposa Pans. The aluminum pans fit right into the holder to be used for frying, baking and pan broiling.

Food can be served right in the pans, and later stored in them. The pans are then thrown away, thus eliminating any dishwashing chores.

The products are made by Disposa-Ware Corp., 4th and Cambria Sts., Philadelphia 33, Pa.

End Odors in Garbage Cans

Diopton Co., of Milwaukee, Wis., makers of the "Big Stinky" line of fly traps, has just produced a "No Stinky" offspring, which will spend its entire life in a garbage can.

No Stinky uses an aromatic oil, and is easily installed on the inside of a garbage can cover where it kills odors for three to four months, according to the makers. In addition to deodorizing, No Stinky repels rats, dogs and flies, and kills maggots as well.

Of particular interest to camp directors is the fact that the product contains no poison of any kind.

Push-button Dispenser has Many Uses

A new push-button measuring dispenser, called "Pres-Flo," for sugar, salt, soap powders or detergents is now available for camp dining rooms, kitchens or wash houses. Made in colored and clear plastic, Pres-Flo is operated by pressing a button on top, which releases a teaspoon of material at the bottom.

A stirrer inside the container automatically agitates the materials at each use, to prevent clogging and hardening. The protected spout keeps foods sanitary, free from insects, dust and flies.

Pres-Flo comes in coral, chartreuse, grey, red and yellow. It can be ordered through the maker Ultra Tone Co., 700 Fort Washington Ave., New York 40, for \$1.00 each or three for \$2.75.

Camping Magazine, March, 1955

Folding Stove Uses Denatured Alcohol

The Turm-Sport, a light folding stove, weighing only two pounds, is now available from Gloy's Import and Export Co., 481 Main St., New Rochelle, N. Y.

Imported from West Germany, the stove burns with denatured alcohol, thus making it odorless. It is said to adjust easily, fold compactly, and cook as quickly as with gas.

The Turm-Sport is designed to hold both large and small pots. A sturdy brass tank holds one-half pint of alcohol, enough for three hours cooking. A specially fitted canvas carrying case with adjustable shoulder strap is also available for easy portability.

New Chemical Ends Weed Growth

For camp tennis courts, drive-ways and fence rows, Chipman Chemical Company's new product, "Chlorea," will have special use. Chlorea is a non-selective weed and grass killer, which, its makers claim, is effective on all types of vegetation.

The manufacturers point out the effectiveness of the product on deep-rooted weeds as well as shallow rooted grasses and annual seedling growth. It is also said to have a lasting residual effect to inhibit regrowth. Chlorea is non-poisonous and can be applied dry or used as a water mixed spray.

Further information and literature may be obtained from the manufacturer, Chipman Chemical Co., Inc., Bound Brook, N. Y.

Sanitation Brochure for Camp Use

The problem of having modern sanitation in a camp located beyond a city sewage system has been solved, according to the Smith System Heating Company. They recommend for health and safety, economy and convenience their Smith System Chemical or Septic Toilets.

An interesting brochure called "Sanitation beyond the City Water Systems" is available to camp directors. It explains how both Smith chemical and septic tank toilets work, with specifications and instal-

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lation plans. It is available from the company at 212 Ontario St., S. E., Minneapolis, Minn.

Small Dispenser for Cold Drinks

Frigidrink Dispenser Co., 55 E. Washington St., Chicago 2, Ill., has recently introduced a new dispenser for non-carbonated beverages for camp kitchens, dining rooms or canteens. Named the "Cadet," the new unit holds approximately six gallons.

Features pointed out by the manufacturer are fast cooling, accessibility of all working parts, a non-clogging and drip-free faucet and a trouble free pump.

Complete details and specifications are available from the manufacturer.

Swimming Pool Data Book Available Free

Modern Swimming Pool Co., is offering a free copy of their Catalog and Data Book of swimming pool supplies, chemicals and equipment. It is a 44-page book, profusely illustrated, containing data, photographs and prices of items

needed to build new pools or to equip and maintain existing pools.

There is also a section on proper pool care and maintenance, and detailed descriptions of approved water-treatment chemicals.

The data book is designed to be helpful to camp owners and waterfront directors, as well as purchasing agents. A free copy of the reference catalog is available by writing to Modern Swimming Pool Co., Inc., Dept. CAM, 1 Holland Ave., White Plains, N. Y.

Top Spinning New Program Idea

An interesting brochure on organizing a top spinning contest has been prepared for camp program use by the Jerome Gropper Co., 11 E. 22 St., New York 10, manufacturers of the "Gropper Official" wood spinning tops.

The brochure describes several events for a top spinning contest, gives rules for scoring, some basic instructions, plus a brief history on the ancient game. Program leaders and camp directors are invited to send for the folder.

TRAIL PACKETS AVAILABLE TWO WAYS

— from Seidel's the Originators of outdoor food packets!

1. In *Complete Meal UNIT KITS* — six menus, two each for *Breakfast, Lunch and Supper!* Each Kit serves a hearty *full-coursed meal for four plus!*

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Write for Samples and Brochure listing our unusual outdoor food items.



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1245 W. Dickent St., Chicago 14, Ill.

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Camping in Poetry

Remember

The dreams that I dream in the winter
Have nothing to do with December
It's those glorious summers at camp
And the wonderful things —
I remember.

Without help from alarm clock,
or bugle
I'm awakened — by song of a bird,
The soft chirpings and warblings
around me
Are the sweetest sounds
I've ever heard.

Remember the sports, and good spirits,
The inter-team games that we played?
The feeling of having played
hard and played clean
These are feelings I never would trade

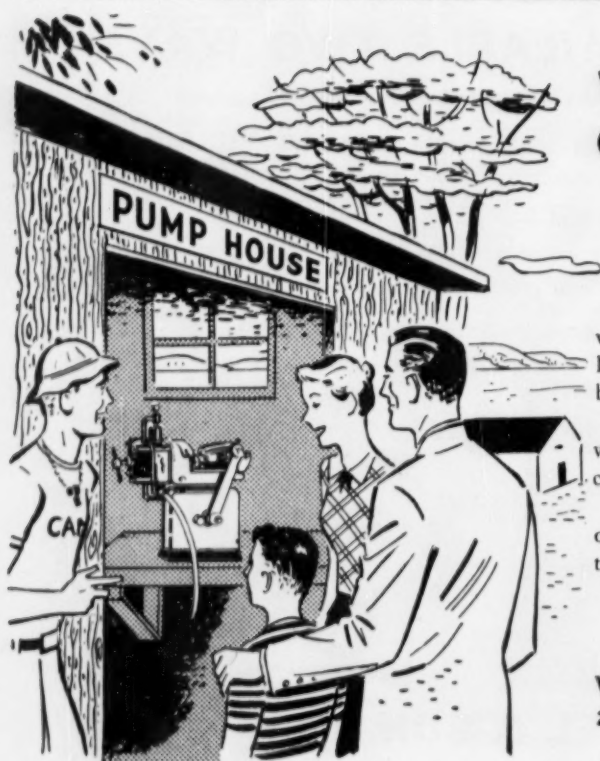
Think back on the
campus-wide projects
Where each lent his help and
his might,
The Fair, the camp circus,
the track-meets,
These all keep our memories bright.

Remember the hay rides?
The Banquet?
The Masquerade?
The fine concert too?
The Saturday night shows?
The cook-outs?
All exciting and grand things to do!

Remember how campfires burn brightly
And young voices swell
proudly with song!
Just think of the friendships
engendered . . .
Gee, from now to July
seems so long . . .

But really, it isn't, I tell you,
For memories shorten the year —
So just think of the
wonderful times up at camp
And soon next July will be here!

—By Lillian Bernarde
Camp Mayfair



WHEN YOU TALK OF CAMP WATER BEING SAFE...

"Fresh and clear" isn't good enough

"Natural well" water or "spring-fed" water doesn't mean *safe* water. *Chlorinated* water does. No matter how clear and clean water looks, if it's not chlorinated it's fair game at any time for disease-bearing bacteria.

Chlorination of your drinking supply and swimming pool water with Wallace & Tiernan proven equipment ensures the safety of your camp water . . . and it costs just pennies per day.

W&T chlorination equipment, backed by a nationwide service organization and 40 years of experience, serves thousands of camps throughout the country.

Write today for information on how it can serve *you*.

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25 MAIN STREET, BELLEVILLE 9, N.J.

S-92

Using Fruits and Vegetables

in camp menus

By Alice Easton

Food Consultant

H. A. Johnson Co., Boston

CAMP MEALS are more than something to overcome the pangs of hunger. Many a parent has found that Mary and John have learned to like foods at camp which the children would not eat at home.

Just as camp directors add new features to educational programs to develop new skills, so eating may become a new adventure by serving a few foods out of the ordinary. Cranberries have been associated with turkey and chicken. They may, however, be used much more generally, as cranberry sauce in peach half for salad with pork or sausages as well as poultry. Cranberry juice added to fruit cup gives color and tang. Salad dressing for fruit salad may be peppered up by the addition of cranberry sauce or juice. A spoonful of cranberry sauce dropped in each muffin before baking, gives a pleasant surprise when eaten.

Vegetables with Hamburger

Combining vegetables with a food like ground beef often makes an acceptable dish, because everyone likes hamburger in any shape, whether it is in patties, balls or just combined with other foods as in Cornburgers. For this dish ground beef is browned in shortening, either in a sauce or roasting pan, breaking up the pieces to prevent lumps forming. Whole kernel corn (drained) is then added and cream of tomato soup added as a binder. Served on toast, toasted buns or squares of corn bread, this makes a quick and nourishing meal.

Hamburger patties may be served on toast with beef gravy, having

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diced carrots, peas, green beans, diced celery and diced red peppers to give variety. Meat-ball stew is another combination, where other vegetables may be used. In addition to the above vegetables, any of the following add flavor: green or lima beans, onions or diced turnip (go easy on turnip in a girls camp.)

Casserole Dishes

Not all casserole dishes are acceptable, particularly if they look as if some one has just cleaned the refrigerator. But combinations such as these have been enjoyed: frankfurters, whole or sliced and green bean casserole; beef balls baked with whole kernel corn and green lima beans; pork chops browned and baked with celery, onions and apples; and salmon (canned), baked with potatoes, celery and green peas. (Canned cream of celery soup may be used in this dish with chopped celery tops or diced fresh celery added if desired.)

Fruits with Main Dish

Fruits may often be served as part of the main dish. While fruits should not replace the protein, such as meat, poultry or fish, sometimes it is possible to use a little smaller portion of the more expensive protein food and have a dish which people will enjoy more than all protein.

Ham and pineapple is a familiar combination. Peach halves lightly spiced and glazed, are good served with meat loaf, veal, pork and poultry. Pears, halved or sliced, may be colored pink with cinnamon candies

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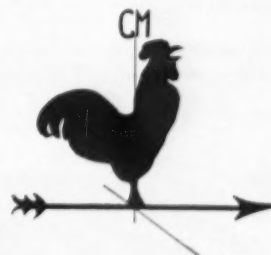
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AMERICAN CAMP WEEK

1955

MAY 1-8

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**CAMP
SECTION**

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CAMPERS' *personalized* PLAYHATS

Your Camp Name Embroidered on Every Hat



Magnolia

The MAGNOLIA — A jaunty, nicely tailored crew hat of fine quality twill. Red-white, navy-white, forest green-white; also solid red, navy, green, white, pale blue denim.

The ADMIRAL — Popular model visor cap in twill. Solid red, navy, green, white, pale blue denim. Solid colors only.

Sizes: small, medium, large.

For campers "fun in the sun" Use as official hat or place in camp store. For boys and girls. Price to camps: \$10.80 per doz. Send for sample (enclose 50c for handling)



Admiral

The PLAYHATS CO., Box 68, Revere 51, Mass.

Address—July and August: 293 Commercial St. Provincetown, Mass.

dissolved in syrup. They add a bright spot to plates having roast lamb, veal croquettes or chicken loaf. Sauce made of pitted red sour cherries adds color and zest to duck, lamb or pork dishes, and is delicious with pancakes, rice, rice croquettes, fritters, fried farina, corn meal or French toast.

Sometimes a small salad, as part of a meal, will introduce new foods to children. If a few vegetables are left over it is better to use them in salads than to destroy their vitamins by reheating them. Diced carrots, peas and green beans may be used in salad combined with diced celery, and pieces of crisp cucumber pickle. Red kidney beans or chili beans may be added depending upon your section of the country. French dressing (not too sour or highly seasoned) is best to use in camps. Honey lemon dressing is good with fruit salad. Apricot half with cottage cheese may be used as a salad, where a large serving of apricots might not be practical, either from the standpoint of popularity or cost.

Desserts

Canned apples, applesauce and apple-pie filling are used to save labor and to give uniformity of product. To make apples go further, they might be featured in desserts like hot gingerbread split with warm apple sauce between and whipped cream on top, or deep-dish apple pie with streusel topping in which some cake or macaroon crumbs may be used. Or thin layer of cooked apples, sugar and spices may be spread over the pastry, covered with cake batter and baked. Lemon or ice-cream sauce is good with this.

Cherry or peach cobbler may be made of canned, frozen or fresh fruits or of canned pie fillings. Canned date or fig filling, apricot or peach jam make excellent filled cookies or may be used for cake fillings. Lemon, orange and butter-scotch puddings and pies may be made of dry mixes to which water is added, or the complete filling may be purchased in cans. Lemon filling may be combined with cooked rice, crushed pineapple or sliced peaches to make interesting desserts. It also makes an easy and delicious dessert sauce.

Camping Magazine, March, 1955

Many uses found for

Flame Thrower

For camp maintenance

WHAT DO YOU do if there's a very pretty boulder right in the crown of your road? Or it may be a rock ledge that must be cut down.

We faced the same problem when our conservationist said, "Make two diversion ditches, one here and one here." In one case, the obstruction was small and we sent the ditch around the boulder. In the second case, it was a solid wall of outcropping a yard wide and six to 10 inches high.

A contractor who was on the grounds said he would bring a compressor and leaves and would cut it in a day for \$50. Wanting the project completed, I put him to work, but with a day and \$50 gone, his cut was much too small for the volume of water the ditch was to divert.

Blasting would be too expensive. Manual hammering got us nowhere. But an inspiration came to us later and saved the day.

The Indians used to break flint by building huge fires on bedrock. The modern approach would be a flame thrower. We bought one for \$25, got 10 gallons of kerosene and went to work. At the end of an easy day, we had doubled the cut the contractor had made with the air hammer and had done very little heavy work.

The method used is simplicity itself. Let the flame heat an area of the rock for half an hour. Then move the flame to another area and tap the heated rock with a light sledge or crowbar to remove the expanded portion of rock.

We are planning also to remove the boulder in the ditch and another outcropping in a roadway. The flame thrower is also excellent for removing stumps, and burning brush and weeds. Of course, reasonable care is necessary to see that the flame is properly used, since its heat and power are many times that of a blow torch.

—Roberts D. Burr
YMCA Camp Sloane
Lakeville, Conn.

Camping Magazine, March, 1955

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CAMPING MAGAZINE

705 PARK AVE., PLAINFIELD, N. J.

HELP WANTED

CAMP DIRECTOR for Y.W.C.A. Camp in Midwest. State qualifications, experience and references. Write Box No. 445, CAMPING MAGAZINE.

MUSIC COUNSELOR with magnetic personality for small private girls camp. Write full particulars, references. Elsie Powell, Old Chatham, New York.

HIGH TYPE MAN over twenty-one, camping background to head small group boys. Experience camp craft, shop work, nature. Berkshire country. Write Box No. 441, CAMPING MAGAZINE.

EXPERIENCED DIRECTOR, HEAD COUNSELORS for CAMP ALONIM, Junior Division, Brandeis Camp Institute of the West, Jewish co-ed private camp, located on 2200 acre ranch, 35 miles from Los Angeles. Enrollment 150, ages 10 to 17. Write Camp Alonim, P.O. Box 1401, Beverly Hills, California, outlining qualifications in detail and enclosing a recent picture.

WOMAN HEAD COUNSELOR—private girls camp in Michigan. Must understand group work techniques and programming. Can be long term position. Enclose references, qualifications, salary and picture in first letter. Write Box No. 434, CAMPING MAGAZINE.

MID-WEST PRIVATE BOYS' CAMP with increased enrollment, seeks coach-teachers for additional staff. Must have camping backgrounds, and interested in permanent summer connections. Unit leaders have opportunity for advancement to program men and assistant directorship. Write Box No. 422, CAMPING MAGAZINE.

TRIP AND CANOE COUNSELORS—must have extensive experience in tripping, preferably in Maine. Minimum age 21 years. We prefer woman college graduates now teaching. Write Box No. 415, CAMPING

COUNSELORS—private co-ed camp New York Berkshires: tennis, waterfront, canoeing, riflery, crafts, nature, Indian lore, photography, dramatics. Experienced. Minimum age 19. Non-regimented program. Write Box No. 436, CAMPING MAGAZINE.

CABIN COUNSELORS — Coed Camp 100 mentally retarded children. Write details experience, interest, references. Personal interview New York City or at Camp-Director, Camp Watford, R. F. D. No. 1, Quaker Hill, Conn.

CAMP DIRECTOR WITH FOLLOWING for new camp in the Adirondacks. Near Utica. Good proposition. McAllister, 3511 Tenth Avenue, Tampa, Florida.

COUNSELORS—CAMP KINNI-KINNIC for Girls, Poultney, Vermont: head canoeing and boating; canoeing and boating, campcraft, cookouts, golf. Write Room 1605—11 Broadway, New York City 4, N. Y.

COUNSELORS — Missouri Ozarks oldest established Private Boys' camp; waterfront — tripping — general nature lore — athletics — sailing — village head — water-skiing — programming. Write full particulars. Ben Kessler, Camp Wah-kon-dah, Rocky Mount, Missouri.

CAMP SOMERSET for Girls, on the Belgrade Lakes in Maine, has openings on staff for crafts, athletics, riflery, dramatics, swimming, and tennis counselors. Applicants must be at least 21 years of age, with previous successful camp experience. Please write full particulars, to Allen Cramer, 215 W. 91st St., New York 24, N. Y.

COUNSELORS: HEAD, small private coed children's camp N.Y., interested in quality job for number years, experienced in group work and programming. Mature, man age 30+, single or married. Also man swimming, woman crafts, 21+, and general bunk men and women 19+. Write Box No. 444, CAMPING MAGAZINE.

COUNSELORS, cook, maintenance man, and guesthouse hostess for long established Pocono Mountains Boys' Camp. Box 7183A, Phila. 17, Pa. Melrose 5-1632.

CAMP DIRECTOR — Experienced, for organization camp. Summer program in well established camp. State qualifications, experience and references. Write Zanesville and Area Girl Scouts, 510½ Main Street, Zanesville, Ohio.

COUNSELORS WANTED for highly regarded private co-ed camp for children 3-16 in Michigan. Cabin counselors, dramatics, arts and crafts, trips, waterfront, etc. Salaries commensurate with experience. Write Box No. 440, CAMPING MAGAZINE.

COUNSELORS—private girls camp, Michigan. Campcraft, Arts & crafts, Music, Riding, Waterfront, Sailing. Write fully. Minimum age 19. Write Box No. 435, CAMPING MAGAZINE.

DIRECTOR and COUNSELORS for girls' church camp in The Berkshires. Girls ages 8 to 14. Experience preferred. Write Box No. 442, CAMPING MAGAZINE.

COUNSELORS. Married couple for summer only or year-round teaching. Write Box 413 CAMPING MAGAZINE.

(Classified Section Continued on page 54)

CLASSIFIED ADVERTISEMENTS

(Continued)

POSITIONS WANTED

DIRECTOR, WATERFRONT — 19. Experience; 4 years in counselling, waterfront, boating and canoeing. Hold Red Cross Instructor's rating. David Middleton Box 344, Residence X, Lafayette, Indiana.

YOUNG WOMAN, four summers' experience managing camp office and as lodge counselor, wishes position in mid-west camp, College graduate. Write Box No. 437, CAMPING MAGAZINE.

WATERFRONT Director, PROGRAM Coordinator, CAMP and NATURE CRAFT Instructor, COUNSELOR. Age 24, Boy Scout Aquatic Instructor, Masters in Recreation. Six years experience, Member ACA five years. Write Nimble, Box 517, LeMars, Iowa.

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TEACHER-COACH desires camp position; elementary and high school age experience. Master's degree and extensive recreation background. Desire assistant directorship, program director. Available June 10th to September 1st. Dean Tillman, 205 So. Mac Arthur, Springfield, Illinois.

MALE COUNSELORS FOR SUMMER—Mature medical students. Experienced as Division Leader, Swimming Instructor, and Activities Director. Albert Friedman, 310 S. 12th St., Phila. 7, Penna.

EXPERIENCED COUNSELOR (female)—Interested in position in private camp. Qualified lake and river trip leader. Certified water safety instructor. References. Write Box No. 443, CAMPING MAGAZINE.

MARRIED COUPLE want camping positions. Woman headed crafts at camps, recreation experience. Man is P.E. teacher, experienced coach, swimming pool manager, recreation director, in camping, wishes administrative position. Prefer mid-west or east. Box 799, Carlsbad, California.

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